The Spring News Update - September 2022

The Spring needs YOU!! Volunteer News

We are still on the look out for any eager Volunteers out there who may be able to spare us a few hours a week in the Spring Café on

Tuesdays, – 10-2, Wednesdays 10-2 and 12-4, – helping us wash up, dry up and keep the kitchen moving!!



The Spring Defibrillator

After some amazing Fundraising challenges organised and hosted by the Parish, we are pleased to confirm that our new Community Defibrillator will be installed on Wednesday $14^{\rm th}$ September, offering potentially life- saving emergency First Aid to our immediate Community – Thank you to everyone concerned from us all at The Spring.



Bicycle Racks



We are seeing more and more people making their way to The Spring on two wheels, and are even now a recognised Café stop for some local Cycling Groups. So to make life a little easier we will be installing at the Front of building some secure racks that can accommodate upto 5 Bikes at a time. Planned installation is due for completion by the end of September – so watch this space.

----- Dates for your Diary----Saturday 10th September – The Spring's 25th Anniversary

The Spring celebrates 25 years of being the "Smile on the face of the Church" and to honour the occasion we will be hosting a community Tea Party - we very much hope that you will able to join us in the



celebrations and would ask for your prayers as we start to plan the day and honour what the Lord has given us at the heart of our Community. We do know that the event will be open to all and at no cost from 10am – 3pm and all donations will go to Christian Aid

(A photo from our 20th Birthday Party in 2017, sadly, some folk no longer with us, but remembered always and missed greatly)

Friday 30th September - Worlds Biggest Coffee Morning for

Macmillan — once again we will be holding our annual Cake Sale outside the Spring to raise funds for Macmillan Cancer Care - please help us raise as much as we can by baking and or buying CAKE – **what's not to**love !!!after all a well balanced diet is cake in one hand and a cuppa in the other !!!!



Our Sunday Lunches -

Will be resuming again on Sunday 2nd October and Sunday 6th November – bookings are now being taken at The Spring Café Counter or by Phone and don't forget our fellowship table available each Sunday Lunchtime ensuring that no one eats alone.

Like so many places we have had to apply a price increase for the lunches, with charges now set at:

2 Course Regular - £ 10 or Small £ 9

Main Course Only - £ 7.50 Regular, £6.50 Small

Festive Lunches @ The Spring

- Its hard to believe but we are now taking bookings for lunches in December @ The Spring . Dates are starting to fill up so please do contact us directly should you wish to join us throughout Advent from 6^{th} - 17^{th} December for Advent Reflections and Lunch

Daily Prayer



Finally, a reminder that everything we do here at The Spring is underpinned by prayer and it is our privilege to start our working day with Prayers from 9.45-10am every morning Tuesday – Saturday . All our welcome to join us at The Spring for Prayers or alternatively let us know if you or some one you know needs prayer and we will intercede on your behalf.

With love and Blessings from us all @ The Spring

" serving everyone with the love of Jesus"