

# Parish of Sandal Magna Newsletter



The lost are found, the found grow and the lonely are enfolded

## October 2022

### From our vicar, Rev Hannah Smith

Hello everyone. I am continuing to talk about the three r's = reset, relationships and rebuild. One of my big focuses at the moment is rebuilding after the challenge of Covid. It'd be great to see as many people coming back to be part of parish life as possible. If you're reading this and haven't been back to church since Covid, we'd love to see you. If you know someone who might come back if they are encouraged to do so, please encourage them – and let me know if a card or phone call might help.

We are also rebuilding our teams in various areas of church life. I'm keen everyone gets a chance to serve and has a role to play in our community. Can I encourage you to be praying about how you might be involved? And look out for notices and opportunities that will be coming up...

I am enjoying meeting so many of you – and I'm slowly getting names... I'm still open for invites for food, coffee or walks... Love and prayers,

*Hannah*



### Welcome a visitor - Catherine Lee our CMS Link Missionary

Many of you may know Catherine Lee who has long been linked to our parish. We are looking forward to welcoming her back from Taiwan for a visit on the weekend of 5th and 6th November. On Sunday 6th she will be speaking at the 9.30am service at St Helen's and at the 11am service at St Paul's, followed by a bring and share lunch at St Paul's which Margaret Walker is organising - tel 07799 227904 to liaise over food. Put it in your diaries and come along to the lunch

(even if you are having a lie-in following Mark and Tracey's wedding on Saturday 5th!) Find out more at [churchmissionsociety.org/catherinelee](https://churchmissionsociety.org/catherinelee) or by reading her blog at <https://catherinelee234.com>



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## Bellringers Tribute to Her Majesty Queen Elizabeth II

Some may have noticed differences in our ringing during the mourning period for our Late Queen, Elizabeth II, and for the Accession of our new King, Charles III. Bellringing protocols were issued in detail as part of the 'London Bridge' plans, although there was some confusion about which day was Day 1 of the plan, so when to fully muffle bells or not became nicknamed the shuffle- muffle! We are lucky to have Roger Townend, our Tower Keeper, who performed the difficult task of securely fixing the padded curved leather muffles to both sides of the clappers for all the bells. This gives a muted sound at all the strokes, different to our usual half muffled bells in November for Remembrance Day when the sounds produced are a normal sound alternating with a quiet, or echo sound. In my 67 years of bellringing, I have never before rung fully muffled!

So, what did we do? On Friday September 9th we rang fully muffled from 12 noon, a slow toll (single bell) in relay for an hour, each ringing 96 strokes, (Her Majesty's age). Then, muffles removed, on Sunday 11th we rang open as a team, including some classic call changes named 'King's', to celebrate the accession of our new King Charles 111rd.



The muffles were then all replaced for the remainder of the official mourning period, during which we rang on practice night; for a Wedding on Friday 16th; for Sunday morning service; and the Commemoration Service for our Late Queen on Sunday afternoon, including some classic call changes named 'Queen's'. On Monday 19th we slow tolled (single bell) again in relay for an hour before the Funeral service. We are fortunate that all our Ringers were available to ring at some point during this busy ringing period and were all proud of our contribution to this Historic Event.

*Margot Cutt*

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**Defib Challenge - Launched 18th June 2022 !!**

**Signed, Sealed and Delivered - 14th September 2022!!**

The hard work and generosity of many members of the parish, the community, families and friends has resulted in the installation on 14th September 2022 of a NEW Defibrillator outside The Spring on Barnsley Road.



Together with the above, your financial support has made it possible to refurbish the old Defibrillator from The Spring which will now be housed in the Emmaus Room at St Helen's Church. This was originally donated by The Rotary Club of Wakefield.



In order to ensure that both devices are in full working order, Perry Morton has agreed to act as their "guardian". We are most grateful to Perry for all his help and advice.

It is hoped in the near future to organise another "First Aid and Use of the Defibrillator" Course. Many thanks for all your support - The Defib Team!

*John and Margaret Arnold*

## Concert at St Helen's Church

We are pleased to welcome the Huddersfield and Ripponden Brass Band to perform at St Helen's on Friday 21st October at 7.30pm. Cost £10 - please phone 01924 253975 for tickets. Proceeds will fund charities supported by the Rotary Club.

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The Fellowship of  
Contemplative Prayer

There is a service of Contemplative Prayer on the second Thursday of the month from 2pm to 3pm at the Barnabas Rooms, St Paul's Church. This is a led prayer time with lots of silence when we contemplate a Bible verse and use it in prayer.

For more information contact Sue Davies on 07749 592 858 or go to

<http://www.contemplative-prayer.org.uk>

## Pastoral Care in the Parish

It's very much part of our life as a church to look after each other in our times of need. With this in mind, please would you get in touch with me if you, or someone you know, are in need of a visit, communion at home, or some practical help. Don't forget that there is also a group of people from St Paul's who are members of a confidential prayer chain, wanting to pray for you, or any you know, in times of particular need.

In any case, ring me, Margaret Walker, on 07799 227904, and we can talk and work out how best we can help.

*Margaret Walker Lay Pastoral Minister*



## Flowers

Many thanks to Marjorie Jones and her team who decorated St Helen's so beautifully for harvest.



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## Cafe Church on Sunday Oct 9th

Please note that Cafe church is this Sunday 9th October at 11am - everyone welcome.

*Stephanie Rutherford*

## St Helen's with St Paul's Mothers Union

Our next meeting will be held on Monday 17th October at 7:30 in the Barnabas room at St. Pauls. We have a speaker from Mercy Ships. Everyone is welcome.

Also, a big Thank you to everyone who helped out and supported our Beetle Drive in July and the Afternoon Tea in August. We raised a total of £525 for our Summer of Hope appeal.

*Catherine Tweedle*



## Community Spirit Games Group

Community Spirit Games Group will next meet on Monday October 10th at 10.30 - 12.00 in the Emmaus Room. All are very welcome to come and join in over a cup of tea/coffee/ cake. We meet regularly on the second Monday of the month. For more information contact Ann Dobson on 07972 737679.



*Ann Dobson*

## Women's Fellowship

We meet next on Monday 3rd October with our speaker coming from the West Yorkshire Police. Then on November 7th, we will be holding our AGM, when we will be welcoming Hannah, who has kindly agreed to chair the meeting. Coffee/tea ☕ & cake 🍰 with lots of chatter to follow ! Always happy to see you, and if you have never been before, feel free to come along 🙏 you'll be sure of a warm welcome .

*Gill Heap*

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Music at St Paul's



## Drumbeat Heartbeat with Ali Bullivent

Mindful drumming...  
Tune in to your own  
vibration, join your  
heartbeat with those in  
the circle, and send out  
the rhythm to the world.

Weekly on Wednesdays  
(term time)  
starting Oct 5 2022

6.30pm - 7.30pm  
St Paul's Church, The Balk,  
Walton, Wakefield WF2 6JU

£6



For further info and to book  
contact: [bullivent@hotmail.com](mailto:bullivent@hotmail.com)



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## The Spring News Update – October 2022

### The Spring needs YOU !! Volunteer News

We are still on the look out for any eager Volunteers out there who may be able to spare us a few hours a week in the Spring Café on

**Wednesdays 12 -4**, – helping us wash up, dry up and keep the kitchen moving !! & **Thursday from 11-3** helping us on the Café Counter – serving teas, coffees, cakes etc. If you, or you know someone, who may be interested please do get in touch with me at The Spring.



### The Spring Defibrillator

After some amazing Fundraising challenges organised and hosted by the Parish, we are pleased to confirm that our new Community Defibrillator has been installed, offering potentially life- saving emergency First Aid to our immediate Community – Thank you to everyone concerned from us all at The Spring.



### Bicycle Racks



We are seeing more and more people making their way to The Spring on two wheels, and are even now a recognised Café stop for some local Cycling Groups. So to make life a little easier we will be installing at the Front of building some secure racks that can accommodate upto 5 Bikes at a time. Planned installation is due for completion by the end of October – so watch this space.

## ----- Dates for your Diary-----

### Saturday 15<sup>th</sup> October – The Spring's 25<sup>th</sup> Anniversary

The Spring celebrates 25 years of being the “Smile on the face of the Church” and to honour the occasion we will be hosting a community Tea Party - we very much hope that you will be able to join us in the celebrations and would ask for your prayers as we start to plan the day and honour what the Lord has given us at the heart of our Community. We do know that the event will be open to all and at no cost from 10am – 2pm and all donations will go to Christian Aid – THIS IS THE RESCHEDULED DATE FOLLOWING THE SAD PASSING OF OUR LATE QUEEN ELIZABETH 2



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## Friday 30<sup>th</sup> September – Worlds Biggest

**Coffee Morning for Macmillan** – Thank you to everyone who supported our Macmillan Cake Sale – you helped us collectively raise **£ 620 !!!**

Thanks to Mary for leading the event & her team of Cake Helpers & to Craig for keeping our ladies dry through the rain



## Our Spring Sunday Lunches – are back !!!

Will be resuming again on Sunday 2<sup>nd</sup> October and Sunday 6<sup>th</sup> November – bookings are now being taken at The Spring Café Counter or by Phone and don't forget our fellowship table available each Sunday Lunchtime ensuring that no one eats alone.

Like so many places we have had to apply a price increase for the lunches, with charges now set at :

2 Course Regular - £ 10 or Small £ 9

Main Course Only - £ 7.50 Regular, £6.50 Small



## Saturday 26<sup>th</sup> November @ The Spring - The Big Quiz Night is BACK – in aid of Tearfund

– if you like quizzing then join us on for an evening of food, fellowship and Fun as we once again join Churches throughout the UK celebrating the work of Tearfund and raising much needed funds for their work around the world. We encourage you and your friends to gather a team together – ideally no more than 8 people and join us from 6.30 for Supper and Quiz – Tickets are available from the Spring and are priced at £10 per ticket with all monies raised going to Tearfund

**Advent Festive Lunches @ The Spring** - It's hard to believe but we are now taking bookings for lunches in December @ The Spring. Dates are starting to fill up so please do contact us directly should you wish to join us throughout Advent from 6<sup>th</sup>-17<sup>th</sup> December for Advent Reflections and Lunch

## Daily Prayer



Finally, a reminder that everything we do here at The Spring is underpinned by prayer and it is our privilege to start our working day with Prayers from 9.45-10am every morning Tuesday – Saturday. All are welcome to join us at The Spring for Prayers or alternatively let us know if you or someone you know needs prayer and we will intercede on your behalf.

With love and Blessings from us all @ The Spring

“Serving everyone with the love of Jesus “

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