# Parish of Sandal Magna Newsletter



The lost are found, the found grow and the lonely are enfolded

## January/February 2023

### From our vicar, Revd Hannah Smith

You may remember in my first sermon I spoke about reset, relationships and rebuild – the 3 Rs! As we reset, I spoke about the importance of values – how we are as a community and how we do things.

As we approach 2023, we are going to spend some time exploring 3 values that I already see in the life of our parish but that I would like us to embody even more – generosity, listening and openness.

Over the next few months we are going to explore these on Sundays as congregations. Can I also encourage you to think about these for yourselves? Where do they show up in your lives, in your families, in your growth groups or ministry areas? And maybe chat about how you might embody them more in your habits and practices? For example as we talk about generosity of time, how do you serve in church? Or when we talk about listening to God, do we make space to listen to him

alongside speaking to him?

I look forward to hearing what we learn as we journey with these values.

Every blessing to you all, Hannah

## A Message from the Choir

I write on behalf of the choir to wish all members of the congregation a very Happy New Year! Many thanks to those of you who



filled in the request forms, on St. Cecilia's Day celebration in November, for hymns to be included in future 9.30am services. I have started to include these requests which I hope will be met before we celebrate Eastertide.

As a reminder of the enjoyment of singing carols at Christmas and a test of your puzzling skills, please find elsewhere in this newsletter a 'Christmas Carol Pathfinder' for you to solve. If you need any additional clues to get you started, please do not hesitate to ask.

John Arnold, Organist

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### Christmas Carol Pathfinder

A chance to revisit some of your favourite carols. Hidden in this grid are the words of the first lines of seven well known carols.

0	W	n	W		у	а	٧	-	m	f	а
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h	Ф	е	t	C	d	I	đ	S	h	h	f
I	r	_	b	h	е	е	C	а	е	—	a
а	а	_	đ	—	i	h	n	n	g	h	_
у	0	t	n	Ф	S	а	0	_	е	t	е
е	r	0	.—	n	е	r	k	S	m	တ	b
m	0	S	е	t		i	-	đ	ï	n	
t	C	h	_	h	е	h	n	W	t	у	S
h	g	е	t	t	t	W	0	i	i	C	е
n		р	h	.—	h	е	t	n	ï	g	у
S	a	r	е	—	е	r	0	f	n	h	t

Starting from the shaded letter 'o' move up, down or sideways (but not diagonally) to find the pathway through the words of the first lines of well known Christmas Carols to escape from the maze!

Your Pathway will take you through all 144 squares to use every letter once and once only!

Note: To make the challenge more difficult, you have all the right words but not necessarily in the right order!

Still struggling - to give you a clue. The first word is 'once' - the second is 'hark'.

## !! HAPPY NEW YEAR !!

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## **Portobello Community Centre Special Events**

# PORTOBELLO COMMUNITY CENTRE WHAT'S ON

## **Table Top Sale**

Last Saturday of every other Month
July / Sept / Nov / Jan / Mar / May

10 am to 2pm. £5 per table. Email Wendy to book a table.

wenywoowoo@gmail.com

## **Family Movie Night**

Free movie night with refreshments, hot and cold drinks, fruit and crisps and popcorn. Children must be accompanied by an adult.

- 21 January
- 18 February
- 18 March
- 15 April

## **Hire Portobello Community Centre**

Portobello Residents £15 per hour Voluntary groups (regular bookings) £15/hour Voluntary groups (one off bookings) £18 per hour Commercial bookings (one off bookings) £20 per hour. Enquiries: Sarah Cutts, Centre Manager, 07799 534702, sarahcuttspcf@gmail.com

## **HAPPY NEW YEAR from Walton Community Library**

Our opening times are changing from Jan 3rd 2023

Monday 2-5pm

• Tuesday 9-12 & 2-5pm

Wednesday 2-5pm

• Thursday 9-12 & 2-5pm

• Friday 2-5pm

• Saturday 10-1pm

See all our activities on <a href="www.waltonlibrary@gmail.com">www.waltonlibrary@gmail.com</a> or see our facebook page.

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## **Portobello Community Centre Regular Activities**

#### **Sewcial Sewing Club Monday 10am to 1pm**

A lovely informal sewing group. Come along and learn and share your skills with others. £3 per session Senior Youth Club Monday 5pm to 7pm

For ages 11-19. Term time only. FREE

Kung Fu Monday 7.15pm to 9.15pm

Want to get fit & learn new skills? This is the total package for mind, body & soul. 1st session free - £8 per session.

#### Craft and Photography Group Tuesday 12.30am to 2.30pm

Bring your own crafts and learn from others. £2 per session

Warm Space Tuesday 12.30am to 2.30pm

A space to charge your phone and keep warm. There'll be FREE soup, bread, fruit, hot & cold drinks.

#### Family Fitness and Food Tuesday 4.30pm to 6.30pm

Come along for fun activities and prepare, cook and eat your dinner. From 10-Jan to 14-Feb. FREE

#### Alcoholics Anonymous Tuesday 7.30pm to 8.30pm

Get help with your drinking problem at this friendly & supportive group. Call Graham on 07951 922311.

Toddler Group Wednesday 9.30am to 11am

Group for pre-school children and their parents/carers. Term time only. FREE but donations welcome 1-2-1 Fitness Sessions Wednesday 11.30am to 12.30pm

Sessions with Sharon for personal training. Great for anyone who dislikes group sessions. Call Sharon to book your FREE place 07741 300455 (booking essential).

#### Exercise to Music Wednesday 1.30pm to 2.30pm

Pilates style exercise, movement & stretches. Call Sharon to book your FREE place 07741 300455 or just turn up

#### Junior Youth Club Wednesday 4.15pm to 6.15pm

A youth group for 7-11 year olds. Term time only. FREE

#### Merrie City Singers Wednesday 7pm to 9pm

All welcome to join a friendly community choir. Term time only. £4 per session

#### PCF Drop In Thursday 11am to 1pm

Need to talk? Come along for a chat and an activity. Term time only. FREE but donations welcome Warm Space Thursday 11am to 1pm

A space to charge your phone and keep warm. There'll be FREE soup, bread, fruit, hot & cold drinks.

#### Chair Based Exercise Thursday 1.30pm to 2.30pm

Exercise for falls prevention, balance and stability. Call Sharon to book your FREE place 07741 300455.

#### Family Drama & Story Telling with Gemma Thursday 3.30pm to 5.30pm

Telling tales and sharing food. 5 Jan to 9 Feb FREE

#### Sewcial Knitters and Modellers Friday 10am to 1pm

Bring along any craft you want. We have knitters, modellers, sewers and crafters. £3 per session Circuit Class Friday 6pm to 7pm

Speak to Sharon to book your FREE place on 07741 300455 or just turn up.

#### **Wellbeing Course Friday 7pm to 8pm**

12 week course running from 13 Jan. Speak to Sharon to book your FREE place 07741 300455 - booking essential.

**Strong Tower Christian Centre Sunday 10am to 12.30pm** 

Worship and praise every Sunday.

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### Services at St Helen's and St Paul's to March 2023

Services Jan to March 2	023			
Sunday Jan 22nd	9.30am St Helen's			
	11.00am St Helen's (Holy Communion) (with kids church)			
	11.00am St Paul's			
Sunday Jan 29th	9.30am St Helen's			
	11.00am St Paul's			
	5.00pm (Café Church, The Spring Community Cafe)			
Sunday Feb 2nd	9.30am St Helen's			
	11.00am St Helen's (with kids church)			
	11.00am St Paul's			
Sunday Feb 12th	9.30am St Helen's			
	11.00am St Helen's (All Together)			
	11.00am St Paul's			
Sunday Feb 19th	9.30am St Helen's (Holy Communion)			
Lent 1	11.00am St Helen's (Holy Communion) (with kids church)			
	11.00am St Paul's (Holy Communion)			
Sunday Feb 26th	9.30am St Helen's			
Lent 2	5.00pm St Helen's (Cafe Church, The Spring Community Cafe)			
	11.00am St Paul's			
Sunday March 5th	9.30am St Helen's			
Lent 3	11.00am St Helen's (with kids church)			
	11.00am St Paul's			
Sunday March 12th	9.30am St Helen's			
Lent 4	11.00am St Helen's (with kids church)			
	11.00am St Paul's			
Sunday March 19th	9.30am St Helen's (Holy Communion)			
Lent 5	11.00am St Helen's (Holy Communion) (with kids church)			
Sunday March 26th	11.00am St Paul's (Holy Communion)			
Sunday March 26th	9.30am St Helen's			
Lent 6	5.00pm (Cafe Church, The Spring Community Cafe)			
	11.00am St Paul's			

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#### Welcome to a New Arrival!

The Rutherfords (Stefan, Stephanie and Jack) are excited to announce a new addition to their church family: Benjamin Frankie born 14th December at home weighing 7lb 0.5oz. The post-birth period has been challenging but we are getting back on track and thank you so much for all your thoughts and prayers which are being answered continually. We feel very loved.



## Regular Activities at St Helen's and St Paul's

Church Groups or Activities					
1st Monday of each month 10.30	Women's Fellowship. Emmaus Room. Contact				
-12.00 (including Jan 2nd 2023!)	Gill Heap. 01924 250103				
2 <sup>nd</sup> Monday of each month	Community Spirit Games. Emmaus Room, St				
10.30am – 12.00	Helen's. Contact Ann Dobson. 01924 250562				
3rd Monday of each month	Mother's Union. Barnabas Room, St Paul's				
7.30pm – 9.30pm					
Wednesday 9.00am -12.00	Gardening Team. Contact Alex Hull 01924				
	256764				
Church Cleaners 9.30am –	Contact Vickie Lord. 01924 255938				
Wednesday 7.00pm	Bellringers practice for Sunday Services. St				
	Helen's. Contact Margot Cutt. 01924 255918				
Thursday 7.00pm	Choir Practice. Usually the Thursday before				
	the 2 <sup>nd</sup> and 4 <sup>th</sup> Sundays. St Helen's Church.				
	Contact John Arnold. 01924 372597				
2 <sup>nd</sup> Thursday of each month 2.00	Contemplative Prayer Group. Barnabas Room,				
- 3.00pm	St Paul's. Contact Sue Davies. 01924 255129				
Other Activities (charges may apply)					
Monday in term time	U3A Recorder Group. Emmaus Room, St				
1.30 – 3.30pm	Helen's. Contact David Johnson 07484 230520				
Monday in term time	Wind Band. Contact Adele Jones. 07850				
7.00pm to 9.15pm	483727				
Thursday eve	Soroptimists, Barnabas Room, St Paul's.				
	Contact Linda Phillips 07709 282403				
Various days and times	Pilates, Barnabas Room, St Paul's. Contact Gill				
T. D. I. I. O	Carr. 07968199169				

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