

# Sandal Magna Parish Newsletter

The lost are found, the found grow and the lonely are enfolded



## December 2023/January 2024

### From our vicar, Revd Hannah Smith

Hello everyone,

I hope your preparations for Christmas are going well. I am looking forward to the celebrations and services in Church. Do come along and invite a friend to celebrate the coming of Jesus into our world again this year.

Our theme for Christmas is Light – remembering that Jesus is the light coming into the world and that there is no dark place where his light doesn't make an impact. In turn we are called to bring his light in big and small ways into the places where we go – by being aware of his love and sharing it with those we meet.

My prayer is that as the world can feel dark, we are all inspired again by the light of Jesus this Christmas and step up into our role as light-bearers wherever we are. With love and prayers, *Hannah*



## CHRISTMAS at SANDAL MAGNA

Light in darkness

DECEMBER

Sunday 10th: Village Carol Service at St. Paul's 11am  
Traditional Carols at St. Helen's 4pm

Saturday 16th: Portobello Christmas  
at Portobello Community Forum 11:30am

Sunday 17th: Pop Up Nativity at St. Helen's 11am  
Contemporary Carols at St. Helen's 7pm

Saturday 23rd December: Christingle at St. Paul's 4pm

Christmas Eve: Christingle at St. Helen's 4pm  
Midnight Mass at St. Helen's 11:15pm

Christmas Day: Family Communion at St. Helen's 10am

The Parish Office, St. Helen's Church, Barnsley Road, Sandal, Wakefield WF2 6EJ  
Tel. 01924 259966 Email: [sandalmagna@gmail.com](mailto:sandalmagna@gmail.com)  
Parish Administrator: *Ruth McCallum*, [ruth.sandalmagna@gmail.com](mailto:ruth.sandalmagna@gmail.com)  
Assistant Administrator: *Denise Chivers*, [denise.sandalmagna@gmail.com](mailto:denise.sandalmagna@gmail.com) (Funerals & Tree of Life)  
Volunteer Administrator: *Anne Francos*, [annef.sandalmagna@gmail.com](mailto:annef.sandalmagna@gmail.com) (Wedding & Baptisms)  
Website: [www.sandalmagna.com](http://www.sandalmagna.com) Facebook page: Sandal Magna Parish YouTube: Sandal Magna

# Sandal Magna Parish Newsletter



## New Curate

I was pleased to announce last week the exciting news that we will be having a curate in our parish in 2024. Lizzy Brothwood is training to be a Vicar at Trinity College Bristol and will finish her training in the summer before moving to Wakefield to be ordained on June 29<sup>th</sup> 2024. Her and her husband Matt are both being ordained at the same time and he will be the curate at St. Catherine's Church, one of our



neighbouring parishes. They will live on Sandal Cliff. Lizzy is having an exciting year as will also be having a baby in January 2024! With that in mind, we've agreed Lizzy will be working only half-time for us from July – December next year. We're really pleased to welcome Lizzy and Matt, their son Lee and bump to Wakefield next summer.

*Hannah*

## WOMEN'S FELLOWSHIP December 2023 - January 2024

As we get into the spirit of Advent and prepare for the 'Big Day', at our next meeting on December 4<sup>th</sup> (10.30am) we shall be telling the story of Mary & Joseph on their journey to Bethlehem, as seen through the eyes of 'others' in "I Wonder What Happened to That Baby?" Followed by mince pies & cheese, fruit cake & cheese and a cuppa !

AS FROM JANUARY 2024, OUR MEETINGS WILL COMMENCE AT 10am allowing for a 'less rushed' meeting, primarily for when we have a visiting speaker.

N.B. Due to the first Monday of January being the 1<sup>st</sup> .

OUR JANUARY MEETING DATE IS THE 8<sup>th</sup>; (10am) when we will be joining in with the Community Games Group.

Our following meeting will be on FEBRUARY 5<sup>th</sup> at 10am, when we will be welcoming Perry Morton who will be telling us a little more on Emergency First Aid (a follow-up to the session he did last year on CPR).

So ladies, do please feel free to come along to any of the meetings, you'll be sure of a warm welcome as well as a lovely cuppa and cake ! All meetings take place in the Emmaus rooms at the rear of the church.

*Gill Heap*



## CHURCH CLOCK

Our 120-year old mechanical church clock has now been fully stripped down, cleaned, and reassembled, and converted to automated winding. This project has been largely funded by most generous donations in memory of John Cutt (former Bellringing Tower Captain), and Paul Brough, (former sidesman, PCC member, and general friend of the church).

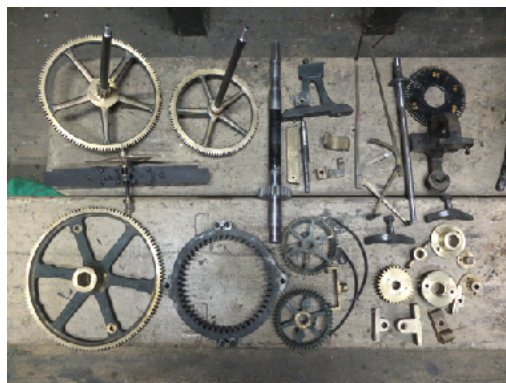
Until now, the Bellringers have wound the clock twice each week, which meant raising a 140kg weight approximately 5 metres, using a large cast-iron crank handle! The new system retains all the original mechanism - a superb example of British craftsmanship, by Potts of Leeds - but replaces the original winding drum with a new electrically-driven winder made by Cumbria Clocks, and fitted by Hills Tower Clocks of Methley. This uses a smaller weight, but achieves the same power input to the clock by reduction gearing, and winds up several times each day. In the event of a power cut, the clock should run for around 6 hours until the weight reaches the floor, and upon restoration of power, it will simply wind up again.

The clock was originally under a maintenance contract, but in the last 20 years this lapsed and maintenance was done by the bellringers. Most recently, I have attended to it, but perhaps overdone the oiling! The Diocesan Clock Advisors Eric Robinson and Tom Precious were horrified by the coating of black greasy dirt, and cleaning has allowed the beautiful brass gears to shine again. The steady swing of the pendulum and rocking motion of the escapement system are a joy to see, hopefully the work now completed will give this lovely machine at least another 120 years efficient service.

*Roger Townend, bellringer and maintainer*



***Margot Cutt and Ann Brough with the clock, rebuilt complete with auto-winder.***



***The 'kit of parts' after cleaning***



***the clock as it was, with winding handle***

# Sandal Magna Parish Newsletter



## Quiz - Name the well-known Christmas Hymns

### The second line of which is:

Love all lovely, love divine

---

A draughty stable with an open door

---

Let nothing you dismay!

---

How still we see thee lie!

---

Let earth receive her King

---

### The fourth line of which is:

In a manger for his bed

---

Promised from eternal years!

---

And glory shone around

---

Proud in purpose, proved in worth?

---

Holy infant so tender and mild

---

### The eighth line of which is:

'Christ is born in Bethlehem'

Long ago

---

To hear the angels sing

---

The babe, the son of Mary

---

Christ is born today!

---

### The last line of the final verse / chorus is:

We will make him welcome!

---

And peace on earth to men

---

Worship Christ the new-born King

---

Christ the Lord

---

To Christmas songs of glory!

---

***Hymns as printed in Ancient and Modern (for Refreshing Worship) - Words Edition***

*John Arnold - organist*



# Sandal Magna Parish Newsletter



## Parking

Thank you to everyone for not parking in the Old Vicarage driveway now that the new owners have moved in. We realise that this may bring a challenge to some in parking near church. A few changes will be happening in the coming months that hopefully will help. The Council are planning to introduce restrictions on the lay-by outside church during the week which should stop people parking there all day and make space for people visiting the church and graveyard. We have 6 parking spaces in the Land Rover Garage reserved for our use and a new sign is going up to show you where they are. Please use them and if you find them full, let the parish office know so we can keep a track of issues. The Land Rover opening hours are Monday to Friday 8am to 6pm. Saturday 9am to 5pm. Sunday 10am to 4pm.

Can we ask that all those who attend church be kind to others in their parking. If you can walk or cycle or use public transport to get to church please do. If you need to drive but have the ability to park a few streets away and walk please do. If you can share lifts please do. If we can keep the nearest spaces to church reserved for those who have mobility issues or are bringing lots of equipment this will help everyone.

*Hannah*



# Sandal Magna Parish Newsletter



## REPORT ON THE DEANERY SYNOD MEETING 7.30pm

**November 8<sup>th</sup> 2023**

The Deanery Synod met at St Helen's, Sandal on the 8<sup>th</sup> November. There were 46 in attendance including from St Helen's, Andrea North, Dr Neale Clark and Julian Gill. Revd Canon David Gerrard - Area Dean - welcomed everyone to the meeting, especially our speakers Nick and Vivien Drayton from Christians Against Poverty (CAP). He thanked the people of St Helen's for their warm welcome and refreshments. Revd Hannah Smith led opening prayer.

David introduced Deidre Morris a Diocesan Synod member who spoke on the importance of the Deanery being represented at the Diocesan Synod, and encouraged members to consider standing for the Diocesan Synod.

Nick and Vivien were then introduced; Nick gave a rundown of what the CAP did, saying that St Helen's itself runs a CAP debt centre. CAP is a charity supported by churches who understand that poverty is a serious issue, and aims to relieve people from debt caused by poverty and unforeseen circumstances. A CAP promotional video was shown showing examples of the work with narratives of two or three members of the public who had sought help and had been relieved. Vivien explained the systematic approach to debt relief. THREE interviewing visits to the client. FIRST: trying to analyse the debts, income and expenditure and any 'benefits' which may be claimed, SECOND: building a budget, THIRD options available for negotiations with creditors. Basically CAP takes over the finances of the client. CAP says that they debt relieve an average of 200 persons per month. There is a system of monitoring and support to clients by 'befrienders'. (volunteers).

Obviously CAP is a charity and requires funds to run it, Nick and Vivien invited members to take contributions and explanatory forms for distribution to their congregations. David then introduced Mike Keeton -Leeds Diocesan co-ordinator of the Prayer Book Society-who gave a quick rundown of possible Prayer Book Society events in the Diocese.

Revd Canon David Gerrard then conducted the Ordinary Business of the Deanery Synod. He announced concerning the 'Follow Me' meetings at the Cathedral: Nov 9<sup>th</sup> (himself) David Gerrard speaking on his new book 'Creation to New Creation' (Daily Readings and Reflections from Genesis for Lent).

25<sup>th</sup> January- Most Revd and Right Hon Stephen Cottrell-Archbishop of York. He then closed the Deanery Synod Meeting with a version of Compline (night prayer).

Next Deanery Synod Meetings:

21<sup>st</sup> Feb 2024—Wakefield Cathedral-David Greenwood-Haigh, Fairtrade.

4<sup>th</sup> Jun 2024—St George' Lupset—Geoff Park-Senior Financial Officer, Leeds Diocese.

*Mike Keeton - Deanery Synod representative Sandal Magna.*



# Sandal Magna Parish Newsletter



## New Wine Women's Day

New Wine Women's Day RESET is on Saturday 3<sup>rd</sup> February 2024, 10am-4pm at Cathedral House, Huddersfield, HD1 3LG. It's an opportunity for women from the

region to get together for worship, prayer and to hear great speakers.

Hannah is going and all women are welcome to join her. The cost is £25 and you can book your tickets on [www.new-wine.org/events/reset-24/](http://www.new-wine.org/events/reset-24/) and I'm sure we can arrange lift shares nearer the time for those who are going.

*Hannah*



## LATEST FROM THE PRAYER BOOK SOCIETY

Books for Christmas available from the PBS:

- Westminster Abbey-A Church in History. David Cannadine £35
- Old Parish Life-A Guide for The Curious £20
- Majesty - Reflections On The Life of Christ With Queen Elizabeth II, Richard Harries £19.99
- The Prayer Book Revealed, Peter S. Paine £16.50
- A Century of Poetry, 100 Poems For Searching The Heart, Rowan Williams £19.99
- The Souls Pilgrimage-Sermons, R.D. Crouse £25
- The Palace-500 years of Royal History at Hampton Court, Gareth Russell £25
- Steeple Chasing-Around Britain by Church, Peter Ross £22



Steeplechasing is a segue into Jilly Cooper CBE - the writer she of the 'Rutshire chronicles', (Won't mention her latest book.) Jilly is a member - or at least a supporter - of the Prayer Book Society. Jilly endorses the beauty of the language of the BCP..... Jilly has loved the Prayer Book since childhood saying it kept her awake through endless hours of church services she says.... I cannot thank Thomas Cranmer enough, the Prayer Book is most beautifully written and constantly celebrates the natural world. It helps us to be kinder to our fellow humans and creatures, it helps us to endure loss and heartbreak with fortitude....



*Mike Keeton-Co-ordinator Leeds Diocese Branch of the PBS.*



# Sandal Magna Parish Newsletter



## Help needed!

“Oooh I don’t do technology,” says the person who came to church in a computer controlled car, after leaving a house with Smart TV with voice control, who uses a Smart phone to keep in touch with the world, has a fridge that bleeps when you leave the door open and a doorbell that sends your data back to Amazon or Google.

“I couldn’t possibly help with the tech.”

But seriously folks, services wouldn’t happen without a small but dedicated team of people who turn up and turn on the sound system, do the slides and play music. Yes, even the organ’s digital, much to the surprise of many who still like to imagine there’s pipes in that big thing that looks like a spaceship, instead of a load of speakers.

Trouble is, the small but dedicated team is just a bit *too* small, and we could do with a few more people willing to do slides or sound. Slides is straightforward (all you have to do is press a cursor) but you do have to pay attention and duck when ten rows of pews spin round to look at when the song words don’t match. (Spoiler: it’s usually the worship leader getting carried away, so don’t panic).

The sound system is a lot simpler than it looks. Honestly. I blame those new-fangled printing presses myself. See Hannah or any of the tech people if you’d like to get involved.

*Andy Owen, tech lead*



# Sandal Magna Parish Newsletter



## HEALTH and SAFETY MATTERS

As part of an organisation that employs people and has many volunteers, we are obliged by law to have our own Health and safety policy at St Helen's, St Paul's and The Spring. Its aim is to ensure that all our workers and visitors are kept safe from harm or injury. We have to manage any risk that may cause harm or injury both strategically and how we work on a daily basis.

I have been tasked by St Helens PCC to develop and implement a health and safety system which involves creating policy and procedures, outlining responsibilities and detailing how we will actually control risks.

Part of the action is to provide adequate training to staff and volunteers to ensure health and safety procedures are understood and adhered to. It also involves making a safe working environment that is properly maintained and where our activities are conducted safely to reduce the likelihood of harm.

In the near future I will be visiting each group that has some input into the life of our church to deliver necessary training to understand our policy and procedures covering our Health and Safety Policy, Fire Risk Assessments, Lone Workers, and much more.

*Mark Buckley, Health and Safety person*



## A Wakefield Holocaust Story

On Sunday, 28<sup>th</sup> January 2024, at 2 pm, we are delighted to welcome Charlie Knight, who will be giving a talk about Ernst and Gertrud Neustadt, a German couple who came to Wakefield following their escape from Nazi Germany and are buried in the graveyard of St Helen's church. The event will last around 90 minutes and include a talk from Charlie and an opportunity to visit their grave. Light refreshments will be provided. Please contact Linda Asquith for further information.



# Sandal Magna Parish Newsletter



## New Archdeacon of Pontefract (covers Wakefield)

The diocese is delighted to announce that Revd Canon Cat Thatcher, currently Vicar of Oxenhope, will be the new Archdeacon of Pontefract. She will join Bishop Tony in serving our Wakefield Episcopal Area next spring after five years working in the parish at the end of the famous Keighley and Worth Valley Railway where she has also been Clergy Development Officer for the Bradford Episcopal Area.

I'm really looking forward to getting to know and serving the people and parishes of the Wakefield area, and pleased that my role will continue to include Initial Ministerial Education (IME) for the Wakefield area curates, so that I will continue to work with the diocese's wonderful Clergy Development Team."



The Rt Revd Nick Baines, Bishop of Leeds congratulated Revd Cat: saying, "Cat brings to her new role wide experience and a strong working knowledge of our diocese. Her ministry in cathedral, parish and diocese have been hugely appreciated. I'm sure her enthusiasm and skills will be warmly welcomed across the diocese, but particularly in the Wakefield Episcopal Area."

Revd Cat grew up in Manchester and moved to London after gaining a history degree at Emmanuel College Cambridge. She worked in various roles across the national church and the public sector in London, until 2003 when she returned north to become Head of Primary Care and then Deputy Director of Primary Care in NHS Bradford and Airedale.

In 2012 Revd Cat left the NHS to train for ordination at Westcott House, Cambridge, and in 2014 returned to Bradford to serve her curacy at Bradford Cathedral. Since 2018 she has been working on a Professional Doctorate in Practical Theology at Chester University. "My thesis, which I hope to submit in 2024, Archdeaoning permitting, is on Compassion as a Corporate Value in NHS Organizations," she said.

Revd Cat will be installed as the Archdeacon of Pontefract at Wakefield Cathedral on Sunday, May 5, 2024 at 3.30pm.



# Sandal Magna Parish Newsletter

News from our CMS link missionary Catherine Lee



**Location:** Taiwan

**What I do:** Working with the Taiwan Episcopal Church, supporting the church, chaplaincy and kindergarten ministry of the Diocese of Taiwan.

Dear all,

A large red neon sign showing the current temperature, 30°C, and the time, 5am, glows in the dark as I walk round the university sports field near St John's Cathedral, Taipei. I'm getting in a bit of walking prayer before the university indoor swimming pool opens at 6am; the water will be a welcome relief from the heat! Tomorrow is the Mid-Autumn Moon Festival, and although it's not as hot and humid as a month ago, it still feels like summer, and will probably go on like this until November.



As day breaks, a fighter jet roars overhead and everyone looks up, it's the Air Force practising for their display on Taiwan's National Day, 10 October, but it reminds me of the continuing need of prayer for Taiwan's peace and stability. Although we expect heightened political and military tensions with mainland China, the Taiwan Episcopal Church focuses on keeping the faith. Our diocesan vision includes expanding our outreach into Linkou and Hsinchu, both areas with vast new high-rise estates housing young professionals working in the nearby high-tech science parks. After many years of prayer and planning, both these new mission centres are starting up this month.

By 7:30am, I'm back at the cathedral preparing for my daily 30-minute kindergarten class at 9am. My colleagues have kindly prepared coffee, which does much to cheer us up, given that we're working in the middle of a noisy building site. Hopefully the builders won't be working over this coming long weekend of the Moon Festival, one of the three most important festivals of the year. Everyone, including us, is busy eating moon cakes, pomelo fruit and planning barbecues to enjoy moongazing with family and friends; we'll be having ours here at the cathedral on Sunday afternoon; can't wait! And so to wish you all a happy autumn and thank you for all your prayers and support, as always!

Catherine Lee [churchmissionsociety.org/catherinelee](http://churchmissionsociety.org/catherinelee) St John's Cathedral, Taipei

**Email:** [catherinelee234@yahoo.com](mailto:catherinelee234@yahoo.com) **Blog:** <https://catherinelee234.com>

# Sandal Magna Parish Newsletter



## Portobello Christmas Appeal

This Christmas we will be blessing families and individuals in our Parish and surrounding areas with an Aldi voucher and a message of hope from the Parish.

Aldi has a voucher, which excludes alcohol and lottery tickets and enables people to buy what they need and food they like. We will be delivering the vouchers the week before Christmas and we hope it will allow everyone to buy themselves a Christmas dinner if they choose to.

We will bless our Make Lunch Families and liaise with Sandal Castle Primary School and Sandal Magna Primary School to find out which families will benefit from this gift.

If you would like to make a donation you can do so in a number of ways:

- Cash - in an envelope marked Portobello Christmas Appeal - it can be placed in the offering or handed in at the church office
- Cheque - made payable to "Portobello Community Forum" and marked Portobello Christmas Appeal on the back
- Bank transfer - Portobello Community Forum - Co-operative Bank - Bank account number 65409662, sort code 08-92-99 - please reference your payment with Portobello Christmas Appeal

If you are able to Gift Aid the payment please let Sarah Cutts know and she can forward to you a Gift Aid form. If you would like to be part of writing Christmas cards for the recipients and/or delivery of vouchers please let Sarah know on 07799 534702 or email [sarahcuttspcf@gmail.com](mailto:sarahcuttspcf@gmail.com).



**Photo of St Helen's  
beautifully lit last  
Christmas**

# Parish of Sandal Magna Newsletter



The lost are found, the found grow and the lonely are enfolded

## Holocaust Memorial Day Event at St Helen's 28th January



PARKES INSTITUTE  
FOR THE STUDY OF  
JEWISH/NON-JEWISH RELATIONS

On Sunday, 28th January 2024, at 2 pm, we are delighted to welcome Charlie Knight, a Wolfson postgraduate scholar from the Parkes Institute at the University of Southampton to help us mark Holocaust Memorial Day. Charlie will be giving a talk about Ernst and Gertrud Neustadt, a German couple who came to Wakefield following their escape from Nazi Germany and are buried in the graveyard of St Helen's church. The event will last around 90 minutes and include a talk from Charlie and an opportunity to visit Ernst and Gertrud's grave and pay our respects. Light refreshments will be provided.

### Key Information:

**When:** 28<sup>th</sup> January 2024 2-3.30pm

**Where:** St Helen's Church, Barnsley Road, Wakefield WF2 6EJ

**Contact:** [Office@sandalmagna.com](mailto:Office@sandalmagna.com) (Please mark your email FAO Linda Asquith)

**Parking:** There is on-road parking available on Barnsley Road. Please park considerately and prioritise spaces outside the church for those less able to walk.

**Please note:** The path to Ernst and Gertrud's grave is uneven in places and the weather conditions may make the ground slippery underfoot. Please wear appropriate footwear

Light refreshments (Drinks and kosher snacks) will be provided.

Booking is not required.

*Linda Asquith*



# Sandal Magna Parish Newsletter



## Local Events in December

Please try to support the Sandal Singers "Singing in the Snow" event as we are raising money for the new kitchen install at The Spring. *Sheila Leith Sandal Singers*



# Sandal Magna Parish Newsletter



## Me & Menopause Course

A number of Me & Menopause courses are running across the Wakefield District starting in January. Sarah will be running one at Portobello Community Centre. It is for ladies only, but if you are a teenager, pre-menopause, peri-menopausal or a menopausal lady, this course is for you!

Find out about the facts, myths, symptoms and treatments in a supportive and confidential space. There'll be some gentle exercise and healthy, light refreshments and definitely some laughter!

To book your place with Sarah talk to her at church or call or text her on 07799 534702 or email [sarahcuttspcf@gmail.com](mailto:sarahcuttspcf@gmail.com).



**me and menopause**

## Find local menopause support!

### So, what's on in January?

**MONDAYS**  
Evergreen Active, Ossett  
6.30pm to 8pm (15 January to 12 February)  
Contact [paula@evergreenactive.co.uk](mailto:paula@evergreenactive.co.uk) / 07948 623270  
  
Portobello Community Centre, Portobello  
7.30pm to 9pm (15 January to 12 February)  
Contact [sarahcuttspcf@gmail.com](mailto:sarahcuttspcf@gmail.com) / 07799 534702

**TUESDAYS**  
St Mary's Community Centre, Pontefract  
6.30pm to 7.30pm (9 January to 6 February)  
Contact [stmarys@stmaryscommunity.co.uk](mailto:stmarys@stmaryscommunity.co.uk) / 01977 705341  
  
Castleford Heritage Trust, Castleford  
10am to 11.30am (9 January to 6 February)  
Contact [chtvolunteering@gmail.com](mailto:chtvolunteering@gmail.com) / 01977 556741

**WEDNESDAYS**  
Havercroft and Ryhill Community Learning Project, Ryhill  
2.30pm to 3.30pm (10 January to 7 February)  
Contact [katherine@rycroftcommunity.co.uk](mailto:katherine@rycroftcommunity.co.uk) / 01226 727824

**SATURDAYS**  
Bring Me To Life - Women's Wellness CIC, Online  
10am to 12.30pm (13 January to 20 January)  
Contact [catherine@bringmetolife.co.uk](mailto:catherine@bringmetolife.co.uk)

**Friendly menopause support sessions bought to you by local community organisations. Come along!**



# Sandal Magna Parish Newsletter



## News from The Spring

### Volunteers needed –

If you find you can spare a few hours a week to volunteer at The Spring – we'd love to hear from you. Our current areas of need are working with our Washing Up team on Tuesdays 10-2pm, working with our Café Counter Volunteers on Fridays 11-3, working with our Shop Volunteers on Thursdays 2-4pm – I am always happy to chat through with you the various roles on offer or if you know someone who is currently a volunteer perhaps ask them !!! We really are a very friendly bunch and time and time again our team say what an amazing place to serve in – but don't take our word for it come and down and give it a go!!

### Advent Lunches @ The Spring Cafe

Following an unprecedented response our pre-booked tables have now all being taken – however we will be offering Lunches on the day for those who wish to walk in – We of course will continue to run our normal menu alongside the Advent Lunch – Please note though that if you are joining us for Breakfast they will stop at 11am from 5th December not the usual 11.30 and due to levels of business we are unable to accept bookings for Afternoon Tea throughout December.

If you would like to help us look after our guests & serve our lunches we would love to hear from you – there are 2 stints available 11.30 – 1.30 and 1.30 – 3.30, Tuesday – Saturday.

### Christmas Day Lunch in the Community –

we are very much looking forward to providing a Christmas Day Lunch for those folk who need one – please do pray for us to bless as many people as we are able and encourage those around you that you know to request one. There is no charge attached to it, just donations for those who wish to make one, and the Lunches will be freshly made on Christmas Eve, ready for either collection or delivery that afternoon between 1pm and 3pm . If you would like to help prep or deliver the meals please do get in touch with me by phone or in person at The Spring.

**Knit & Knatter** – held in the Spring Café every Thursday from 2pm-4pm – come and join Liz and the gang and enjoy a couple of hours of fellowship with like minded folk – who knows you may learn a new skill and be exhibiting at the Craft Fayre in 2024



# Sandal Magna Parish Newsletter



## Yoga Classes with Margaret Clegg

**Wednesday 7.30 – 9pm**

If you are interested in joining either of these classes please call Margaret on 01924 370673 & Mobile 07787175432 and she will be happy to talk you through any questions you may have – all levels catered for from beginners to the more advanced



## Slimming World with Vicky

Every Tuesday  
5pm and 6.30pm  
– a warm welcome extended to all whether your new, existing or

returning – contact Vicky on 07966 202826 if you want any further information

**Love, deep gratitude and blessings to you all,**

*Cath Moxham*

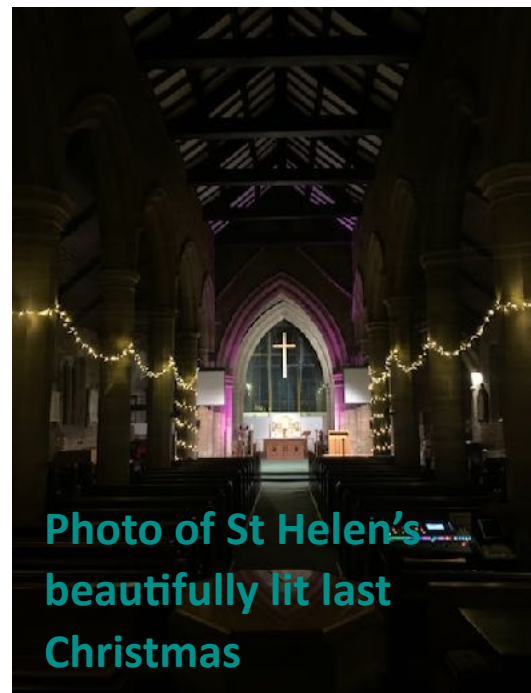
## **Walton library has more events planned for the New Year.**

The library will close at 5pm Fri Dec 22nd and reopen 10am Tues Jan 2nd

We also have arranged

- Thurs Jan 11th- Karen Wright ( Bake Off etc) who will talk about cookery and her new book
- Thurs Jan 18th Wine Tasting Evening ( Portuguese Wines) Tickets will be available mid December

*Libby Hall*



**Photo of St Helen's  
beautifully lit last  
Christmas**

# Parish of Sandal Magna Newsletter



The lost are found, the found grow and the lonely are enfolded

## Regular Activities at St Helen's and St Paul's

Church Groups or Activities	
1 <sup>st</sup> Monday of each month 10.30 -12.00 (But not Jan 1st 2024!)	Women's Fellowship. Emmaus Room. Contact Gill Heap. 01924 250103
2 <sup>nd</sup> Monday of each month 10.30am – 12.00	Community Spirit Games. Emmaus Room, St Helen's. Contact Ann Dobson. 01924 250562
3 <sup>rd</sup> Monday of each month 7.30pm – 9.30pm	Mother's Union. Barnabas Room, St Paul's
Wednesday 9.00am -12.00	Gardening Team. Contact Alex Hull 01924 256764
Church Cleaners 9.30am – 11.00am	Contact Vickie Lord. 01924 255938
Wednesday 7.00pm	Bellringers practice for Sunday Services. St Helen's. Contact Margot Cutt. 01924 255918
Thursday 7.00pm	Choir Practice. Usually the Thursday before the 2 <sup>nd</sup> and 4 <sup>th</sup> Sundays. St Helen's Church. Contact John Arnold. 01924 372597
2 <sup>nd</sup> Thursday of each month 2.00 – 3.00pm	Contemplative Prayer Group. Barnabas Room, St Paul's. Contact Sue Davies. 07749 592858
Every 1st and 3rd Sunday. 6 -7:30pm in the Emmaus Rooms.	Sheild Youth Group. Contact Rachel Chapman
Other Activities (charges may apply)	
Monday in term time 1.30 – 3.30pm	U3A Recorder Group. Emmaus Room, St Helen's. Contact David Johnson 07484 230520
Monday in term time 7.00pm to 9.15pm	Wind Band. Contact Adele Jones. 07850 483727
Thursday eve	Soroptimists, Barnabas Room, St Paul's. Contact Linda Phillips 07709 282403
Various days and times	Pilates, Barnabas Room, St Paul's. Contact Gill Carr. 07968199169

## Copy dates and contributions for Parish Newsletter

Anyone may send an item of Parish News to the Parish Office for the newsletter, please attach a photo if possible. The vicar is the final editorial decision maker! Copy dates are now the last Monday of the month for the next month's issue. The next copy date is Monday 29th January for the February 2024 issue.

## Dates for SHIELD Youth Group

January 7th, January 21st, February 4th

Contact *Rachel Chapman* 07815770540



# Parish of Sandal Magna Newsletter



The lost are found, the found grow and the lonely are enfolded

## Services at St Helen's and St Pauls December 2023 & January 2024

Sunday Dec 3rd Advent Sunday	9.30am St Helen's (Holy Communion) 11.00am St Helen's (with kids church) 11.00 am St Paul's
Sunday Dec 10th	9.30am St Helen's (Morning Prayer) 11.00am St Helen's (All Ages Together) 11.00am St Paul's (Community Carols) 4.00pm St Helen's (Traditional Carol Service)
Sunday Dec 17th	9.30am St Helen's (Holy Communion) 11.00am St Helen's (Pop up Nativity) 11.00am St Paul's (Holy Communion) 7.00pm St Helen's (Contemporary Carol Service)
Saturday Dec 23rd	4.00pm St Pauls (Christingle)
Sunday Dec 24th Christmas Eve	9.30am St Helen's (Holy Communion) 11.00am St Paul's (Holy Communion) 4.00pm St Helen's (Christingle) 11.15pm St Helen's (Midnight Mass)
Monday Dec 25th Christmas Day	10.00am St Helen's (Christmas Family Communion) No service at St Paul's
Sunday Dec 31st	11.00am St Helen's (Morning Prayer) This is a joint service.
Sunday Jan 7th	9.30am St Helen's (Morning Prayer) 11.00am St Helen's (Morning Prayer with kids church) 11.00 am St Paul's (Holy Communion)
Sunday Jan 14th	9.30am St Helen's (Holy Communion) 11.00am St Helen's (All Ages Together) 11.00am St Paul's (Morning Prayer)
Sunday Jan 21st	9.30am St Helen's (Holy Communion) 11.00am St Helen's (Holy Communion) (with kid's church) St Paul's (Morning Prayer)
Sunday Jan 28th	9.30am St Helen's (Morning Prayer) 11.00am St Paul's (Morning Prayer) 5.00pm Cafe Church, (The Spring Community Cafe)
Sunday Feb 4th	9.30am St Helen's (Morning Prayer) 11.00am St Helen's (Morning Prayer with kids church) 11.00 am St Paul's (Holy Communion)