

Spring Newsletter – March 2024

Thankyou's



Huge thanks to everyone who has already done so and to those who continue to contribute to our Kitchen Renovations here at The Spring. Whilst we are now almost 6 months into using our new amazing kitchen, people have continued to donate to our appeal – the total of which now stands at

£17,166. Our latest donation of a £1000.00 was presented to us very recently by Sandal Singers following a very well attended Christmas Concert, to which Clive and I were invited back in December – a wonderful evening enjoyed by all and we felt very blessed to receive such support.

Volunteers needed – if you find you can spare a few hours a week to volunteer at The Spring – we'd love to hear from you. Our current areas of need are working with our Washing Up team on Friday Afternoons from 2-4pm and **new for 2024** we are looking for any **GARDENERS** out there who would be interested in maintaining our outdoor areas from Easter onwards – probably **one morning a week** would do it !! I am always happy to chat through with you the various roles on offer or if you know someone who is currently a volunteer perhaps ask them !!! We really are a very friendly bunch and time and time again our team say what an amazing place to serve in – but don't take our word for it come and down and give it a go !!

Whats On

Lent Lunches @ The Spring Café

From Ash Wednesday, 14th February until Wednesday 27th March we will be supporting the humanitarian aid work being done by The Amos Trust in Gaza by selling our Soup & Sandwich Lunch. Your donation of £6 will all go to the charity and in return you get to enjoy a bowl of our homemade soup and a choice of sandwich from Egg Mayo, Cheese, Tuna Mayo or Ham – we look forward to serving you – **SO FAR YOU HAVE RAISED £200 FOR THE AMOS TRUST GAZA APPEAL – THANK YOU !!**

Passover/Sedeh Supper – A FEW PLACES STILL AVAILABLE

On Thursday 28th March from 6.30pm @ The Spring, we will be hosting a Passover/Sedeh Supper led by Reverend Hannah. It promises to be an enlightening evening once again as we journey together through the Ceremony and rituals of this ancient custom. There will be a 3 Course Supper provided on the night, on a “pay as you are able” basis with all surplus funds being donated to the Community Awareness Project in Wakefield . Please note : that part of the Ceremony does involve drinking Red Wine so please do bring your own bottle or an alternative .

To book call in and book in person or call us on **01924 242593**. We do expect this event to sell out so please don't leave it until the last minute – and to ensure as many as possible can take part you will be sharing tables.

Knit & Knatter – held in the Spring Café every Thursday from 2pm-4pm – come and join Liz and the gang and enjoy a couple of hours of fellowship with like minded folk – who knows you may learn a new skill and be exhibiting at the Craft Fayre in 2024

Community Notices

Yoga Classes with Margaret Clegg

Wednesday 7.30 – 9pm

If you are interested in joining this class please call Margaret on 01924 370673 & Mobile 07787175432 and she will be happy to talk you through any questions you may have – all levels catered for from beginners to the more advanced



Slimming World with Vicky

Every Tuesday 5pm and 6.30pm – a warm welcome extended to all whether your new, existing or returning – contact Vicky on 07966 202826 if you want any further information

