

Home, Hope, Hands

July/August 2024

From our Vicar, Revd Hannah Smith

Hello everyone.

It was wonderful to welcome Lizzy as our new Curate and all our congratulations to her as she was ordained as a Deacon at the end of June. Lizzy will be learning lots in the coming months including taking funerals and baptisms before being ordained as a Priest in June 2025 when she will be able to take weddings and lead communion services. Overall, she will be here for around 3 years training before she is able to go and lead her own churches. I'm sure you'll also meet her husband Matt, Curate at St. Catherine's and their two sons Lee and Zachary.



Over the summer we have a quieter time in Church. Our 11am service will be taking a break for August. We invite all those usually at the 11am service to a picnic at Pugneys on 11th August. We'll be meeting near the car-park at midday so bring some food and we'll enjoy eating, playing games and singing a few songs together.

We also have our Big Church Day Out to Scarborough on Monday 19th August – all welcome to join us, just let Sarah Cutts know so we make sure that there is room on the coach for you!

When September comes, we will be having our 11am service every week rather than having a Sunday off each month so I look forward to seeing everyone more regularly Have a wonderful summer period whether at home or away. With love and prayers, Hannah

From our Curate, Revd Lizzy Brothwood

Change. A necessary and inevitable part of life. We all experience it. Yet, while it can be exciting and thriving for some, it can often be the source of fear and unease for others. For me and my family, change is one word that sums up this year so far! We have welcomed a new little son into our family, moved house, started new jobs, said goodbye to dear friends and hello to new ones. It has been quite the 6 months! Filled with lots of joys but also a lot of challenges. *(continued on next page...)*



From our Curate, continued



In a season of change, among the myriad of unknowns and the stress that frequently entails, I often find it to be the place where our true foundations are revealed. When the rest of life is being rocked, where do we turn to, what do we hold on to? There can be a temptation during this time to try grab hold of anything that gives us some sense of control, whether

that be making endless to do lists (I am guilty of this one), trying to do everything ourselves (and this!) or even being in denial, procrastinating or perhaps withdrawing.

During the last few months, I keep being brought back over and over again to some words spoken by Jesus. It was in response to panicked disciples as they woke Jesus from his sleep, during a raging storm on the sea. *"[Jesus] got up, rebuked the wind and said to the waves, 'Quiet! Be still!'"* (Mark 4:39) Quiet. Be still. Jesus transforms a great storm into a great calm in just three words.

When the storm is raging, do I trust that Jesus has control? Like the disciples, I have many times cried out to him, complained to him, questioned where he is and whether he cares! Calmly, Jesus keeps saying to me, "Lizzy, I'm here, just be still".

Jesus invites us to follow him. He doesn't promise there won't be storms but he does promise us he will be with us in them. And so the invitation is to stop. Stand still and be in His presence. The question is whether we'll let him or whether we are too busy trying to do it all ourselves. Jesus' last words in this Gospel of Matthew is "surely I am with you always, even to the end of the age."

Maybe like me, you need to be reminded now and again that whatever seas you find yourself sailing through, however high the waves are and dark the sky is, however much water seems already to have collected in the bottom of the boat, he is there in the boat with you, getting just as wet!

St Helen's Church and Parish Office Closure



St Helen's Church and the Parish office will be closed from Monday 22nd July to Friday 26th July. This is to enable contractors to remove the damaged plasterwork in the corridor by the office. The closure is to avoid any potential health hazard from the plaster dust. We are sorry for the disruption this will cause, particularly to our valued volunteers who clean the church, work in the churchyard etc. Normal service should resume on Monday 29th. **Sunday services will not be affected.**

Ruth McCallum (Parish Administrator)

Women's Fellowship

At our June meeting we welcomed Madeline Wilson who gave us an interesting insight into how she became an author and wrote the book 'From Wellies & Chapped Legs to Brogues' which had many of the group reminiscing on their own childhood days !

July 1st was our last meeting before the summer break, enjoying the chance to chat and catch up with friends over a cuppa & cake !

NO MEETING IN AUGUST But we will look forward to seeing you all at our forthcoming meetings

• · SEPTEMBER 2nd ; David Greenwood-Haigh ; Fairtrade



• • OCTOBER 7th ; Home produce Sale (Children's Air Ambulance) Lookout for the programme in the next newsletter ! All meetings take place in the Emmaus rooms. We start at 10am, to 12md-ish ! (including cuppa & cake!)

Hope you all have a lovely summer and we look forward to seeing you soon. *Gill Heap*

Youth Update

Every Good Work

Jeremiah 29:11 tells us "For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope."

Our young people are crying out for hope and justice in this world. Recent movements on justice like 'Black Lives Matter', the 'Me Too' movement and 'Extinction Rebellion' are all movements that massively involve



the youth. Greta Thunburg truanted from school to begin her climate movement and encouraged other young people around the world to do the same. The youth are yearning and longing for social justice in this world and this is where we come in. Currently in the Every Good Work office, we are beavering a way writing a course showing the young people how Christians work to make a change in the world. We are planning on planting trees, going into a refugee charity, food bank and hopefully even a prison chaplaincy. We want to show the young people that Christians care about the world, that we have hope for the future and we are actively working for that future because God has plans, not just for me and for you but for every single young person. Please pray that we continue to meet with young people and show them that God has a plan for their lives as well.

Shield



We recently invited Cross Project to take a session and we ended up throwing eggs around and the usual stuff that happens when Cross Project gets involved. For context, all the kids were given a bag with some materials in they had to use to protect the egg when it was dropped on the floor. Some had cotton wool and toilet roll and nice soft helpful things. Some had paper cups and straws and less helpful things. The idea was that we all have different starting points and abilities and resources at our disposal, but despite this we are all equally valuable and loved by God.

Phil Asquith (Every Good Work Youth worker)





Bellringers 80th D-Day Anniversary Commemorations

Our bellringers, here at St. Helen's, joined in the national initiative to have church bells ringing on June 6th 2024, to commemorate the D-Day landings along the Normandy coast 80 years ago.

We rang for just over half an hour with nine of our team taking part to remember all those who had fought for our freedom and for peace. It was quite thought provoking to realise that our youngest bellringer, Eddie, is the same age as many of the servicemen who had enlisted to fight for their country, but who sadly never returned home.



L-R ; Terry, Eddie, Anita, Margot, Roger, Doris, Mike, Gill & Sue

Church Family Picnic at Pugneys on 11th August

An invitation to all families to a picnic at Pugneys on 11th August. We'll be meeting near the car-park at midday so bring some food and we'll enjoy eating, playing games and singing a few songs together.



Bishops Nick and Toby support war-torn Sudan

Bishop of Leeds, Nick Baines and Bishop of Bradford, Toby Howarth recently visited our link diocese in war-torn Sudan to show our diocese's support for the many Christians displaced by hostilities.

Bishop Nick said "We visited our sisters and brothers in the Sudan. We visited camps for displaced people and refugees, listening to stories of loss at every level: family, land, home, possessions, jobs, hopes. 2,000 people in a single camp, many of them children living in fear or uncertainty and with little food or effective sanitation. We



also listened to stories of terrible violence. One pastor told how his home had been raided in Khartoum and everything destroyed or stolen. After his fourth beating by RSF soldiers, he was asked how he wanted to die. It was his Muslim neighbour who saved and gave him refuge until he could escape and make his way to Port Sudan.

"We also had meetings with senior politicians and intelligence personnel, both Christians and Muslims, which brought home to us some of the realities. In conversations with Archbishop Ezekiel, who now runs the whole province from a small desk in the corner of his bare bedroom in Port Sudan, we pledged our continuing support – our love and commitment to him and his people. Thank you to all in this diocese who have given money to keep besieged clergy paid, fed and resourced to feed and serve others."

Bishop Toby told how they hoped to make people feel that they are not abandoned: "The main reason Bishop Nick and I went was basically to say, 'you are not forgotten, we pray for you every day, we love you, we stand with you'," he said.



Bishops Nick and Toby from the Leeds Diocese Read the full article at <u>https://leeds.anglican.org/who-we-are/news/bishop-nick-and-bishop-toby-take-messages-of-support-to-war-torn-sudan.php</u>



News from The Spring



Hi Everyone, hope you are making the most of the sun when it shines - only a small update from us this month.

Volunteers needed – if you find you can spare a few hours a week to volunteer at The Spring – we'd love to hear from you. Our current areas of need are working with our Washing Up team on Wednesday Afternoons & Friday Afternoons from 2-4pm and following Sue's retirement in August, Friday morning 10-2pm. Please do pray for us in both of these searches as they are a real area of need for us. We do also have opportunities in The Shop at varying times. I am always happy to chat through with you the various roles on offer or if you know someone who is currently a volunteer perhaps ask them!!! We really are a very friendly bunch and time and time again our team say what an amazing place to serve in – but don't take our word for it come and down and give it a go !!

Whats On

Charity Afternoon Tea – Saturday 17th August from 3pm @ The Spring – - gather your friends and family together and come and enjoy one of our delicious Afternoon Teas, served with Pink Fizz as we raise funds for Breast Cancer Now. Tickets are priced at just £20, of which £15 will go direct to the Charity and of

DRINK TEA. RAISE MONEY. CHANGE LIVES.

Every 10 minutes, someone in the UK hears the words "you have breast cancer".

With your help, we can be here for them, every step of the way.

EVERY SINGLE AFTERNOON TEA WILL HELP US PROVIDE SUPPORT FOR TODAY AND



course we will be hosting a raffle to raise some extra pennies – so if any one has any prizes we could offer that would be great – perhaps you could offer to garden for someone for the day, or cook a meal or perhaps something more traditional. All donations will be gratefully received. We managed to raise over a £1000 last year so it would be great to do the same again.

Summer Closure – we will be closing for a short break from 2pm on Thursday 22nd August, re-opening on Tuesday 3rd September at 10am – giving us time to clean, re-set and plan for the Autumn term and beyond.

Knit & Knatter – held in the Spring Café every Thursday from 2pm-4pm – come and join Liz and the gang and enjoy a couple of hours of fellowship with like minded folk –If you are interested in joining this class please call Margaret on 01924 370673 & Mobile 07787175432 and she will be happy to talk you through any questions you information *(Continued on next page)*

What's On at The Spring continued





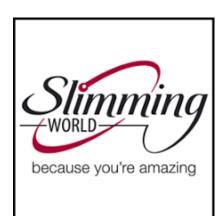
Yoga Classes with Margaret Clegg

Wednesday 7.30 to 9pm. If you are interested in joining this class please call Margaret on 01924 370673 & Mobile 07787175432 and she will be happy to talk you through any questions you may

have – all levels catered for from beginners to the more advanced.

Slimming World with Vicky

Every Tuesday 5pm and 6.30pm – a warm welcome extended to all whether your new, existing or returning – contact Vicky on 07966 202826 if you want any further information



Drumming at Portobello Community Centre



Booking link to Families and Beginners Drumming Sessions https://www.eventbrite.co.uk/e/944851455137?aff=oddtdtcreator Booking link to Adults and Improvers Drumming Sessions https://www.eventbrite.co.uk/e/944878205147?aff=oddtdtcreator



Christians Against Poverty.

The work of CAP continues, with insolvency being recommended as the route out of debt in most cases these days. Sadly though, many people have barely enough to cover life's essentials, even when debts are dealt with.

Some of you m have met the new CEO of CAP, Stewart McCulloch, who has come to live in the parish and, with Sarah his wife, worships at St. Helen's. Of course, his work takes him to various parts of the UK, so he won't necessarily be around every Sunday. But it's good to have someone close by who is in a position to give a voice to those whose struggles so often seem to be overlooked, and to make that voice heard from time to time where decisions are made that affect lives.

If you would like to contribute financially to the work of CAP, we can let you have a "Lifechanger" form, just ring one of us (have a look around in church too – we'll try to make some available there). Or you can go online to <u>capuk.org/donate</u> and follow the links. If you'd prefer to support the work of the Wakefield Debt Centre specifically, we have a "Client Blessing" account. This is used from time to time to give people emergency help, and to contribute towards initiatives such as the Christmas hampers we give out.

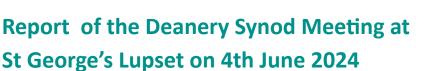
Account name: ST. HELENS PAR PRCHL CAP 2

Sort code: 089299 Account number: 65702220

With thanks as always for your continuing support.

Nick Drayton 07468 777506 Vivienne Drayton 07900 943863







Present- 40 people-clergy and laity-including Revd Hannah Smith, Andrea North, Nigel Brook and Mike Keeton -from Sandal Magna.

The first speaker was Mr Geoff Park-Chief Financial Officer , Diocese of Leeds:

The Diocesan Deficit in 2023 was £1.3m-it is expected to be £1.0m in 2024. (The Diocese has been in deficit since 2019-the deficit is met by selling properties and using reserves .This is, obviously, only a short term solution. Parish Share is a very important source of income-65% of the total- but has fallen. 2019 was the peak. In 2023 it was 10% lower than that and this during a period of average 6% inflation, so in real terms it is 15%- 20% lower.

The second speaker was Janet Edmund-Senior Stewardship Officer, Diocese of Leeds:

Janet talked on ' The Parish Giving Scheme '. This has been in existence since 2019, if not before. This is a national scheme and involves parishioners pledging a monthly payment by Direct Debit but not to their own parish but to the PGS -The PGS claims the 'gift aid' and pays the donation and the ' gift aid' to the donor's parish. The parish is relieved of all the administration of donations and 'gift aid' claims. The donations can be 'indexed linked' so that the parish's income is keeping pace with inflation. The donors complete a form and sign for this to be done. Six parishes in the Wakefield Deanery- out of the 24 -use this scheme.

Deanery synod then transacted the 'ordinary business ' of the meeting: Election of Deanery Synod members.; Revd Diane Komorowski has been appointed as team vicar in the North Wakefield Benefice; A vacancy, due to retirement, in the incumbency of St Michael's; Two new curates arriving into the Deanery.

In Matters arising, David Greenwood -Haigh proposed a motion to the effect that Wakefield Deanery Synod should call upon the Leeds Diocesan Synod to commit to becoming a 'Fairtrade ' Diocese i.e. to ensure that all parishes , schools and other Diocesan institutions use 'Fairtrade' products in their events and meetings. This was referred to the Deanery Synod Standing Committee. (continued on next page)



Report of the Deanery Synod Meeting continued

Revd Hannah Smith raised the question as to the 'eco friendliness' of some Fairtrade products. David Greenwood-Haigh replied that in some cases ,yes it might be environmentally better to buy home grown products.

Note: I was previously under the impression that the idea of 'Fairtrade' was to purchase tropical products from struggling tropical zone produces and that it didn't apply to temperate zone products.

The meeting ended with 'Night Prayer'- a form of Compline. *Mike Keeton-Deanery Synod Rep.*

News from The Prayer Book Society

This years Prayer Book Society's Annual Conference is being held at St Chad's College University of Durham, 10th-12th September. The theme is..'The Means of Grace and The Hope of Glory...' (from the General Thanksgiving). Will explore..'What is this Hope and where is it to be found...' ..'What it



means to be People of Hope in an anxious world...'

The speakers will be Dr Philip Plyming (Dean Of Durham), Dr Elizabeth Hare (Old Testament Tutor Cranmer Hall (part of St John's College, Durham)), Dr Samuel Tranter, Academic Dean, Cranmer Hall. There will be Evensong in Durham Cathedral and addressing some of the Services will be Dr Catherine Reid (Chaplain University of York).

There will be an excursion to Auckland Castle-historic home of the Prince Bishops of Durham.

The ordinary cost of the Conference is £300 (en-suite rooms) and £250 for rooms with shared bathrooms (this is student accommodation - who would want to share a bathroom with scruffy students-except that the shower might always be free!). BUT the Prayer Book Society offers 'Bursaries' to licensed clergy, ordinands and those under 30 -at a cost of only £30. If anyone is interested in these 'Bursaries' -or even attending for the full rate for the whole or part of the Conference, please let me know ASAP as obviously the bursaries are usually quickly taken up. *Mike Keeton-Leeds Diocese Branch Rep for the PBS*



Events at Walton Community Library

Reading Challenge for Primary Age Children.









Activities at Portobello Community Centre

THIS IS **OUR** YEAR 🕂 portobellocommunitycentre **OUR** YEAR Portobello 2024 WHAT'S ON IN JULY MONDAY FRIDAY Sewcial Crafting Group Sewcial Crafting Group 10am to 1pm | £2 10am to 1pm | £2 Trash Scrap Booking Zumba 1, 8 & 15 July 6pm tp 7pm 4pm to 6pm | Family Activity £2 adults / £1 children over 14+ £2 adults | £1 over 5s Yoga Hot Chocolate Youth Club 7pm to 8pm 7pm to 8pm | 11 to 16 year olds £2 adults / £1 children 11+ Term time MONTHLY FREE Pizza and hot chocolate Wed, 17 July COMMUNITY MEAL TUESDAY 5pm to 7pm | £2 adult / £1 child Portobello Craft & Photography Wed, 31 July SEWCIAL CRAFTING Group 7pm to 9pm | £2 adult / £1 child 12.30pm to 2.30pm | £2

> AA 7.30pm to 8.30pm **WEDNESDAY**

Portobello Baby & Toddler Group 9.15am to 11am Term time £1 adults / 50p baby or toddler THURSDAY

Portobello Drop In 11am to 1pm | Donations welcome Chair Based Exercise Class 1.30 pm to 2.30 pm | £3

> Kung Fu 7pm to 8pm - Beginners 8pm to 9pm - Advanced f2 adults / f1 children 10+

Sat, 13 July TRINITY MODELLERS 10am to 1pm | £2 adult / £1 child

WORKSHOPS

Needle Felting 10am to 12.30pm | Sat, 6th July £10 for session To book: 07388 356008 African Drumming

2pm - 4pm | Sat 20 and 27 July £4 adult / £1 child To book: 07388 356008

FREE FAMILY HOLIDAY LUNCH CLUB

Every Wednesday in School Hols Contact 07388 356008 for details

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ouryear2024.co.uk

wakefieldcouncil



Volunteers Needed for Portobello Gala - Join the Fun! Saturday, 17 August @ Manygates Park

We are excited to announce that preparations for the annual Portobello Gala are well underway! This beloved event is a highlight of our community calendar, bringing together friends, families, and neighbours for a day of fun, food, and festivities. To make this year's gala the best yet, we need your help.

We are looking for enthusiastic volunteers to join us in various capacities. Whether you can spare just a couple of hours or are available for the whole day, your contribution will make a significant difference. Here are some ways you can help:

- Setup and Setdown Crew: Help with moving tables and chairs from the Community Centre. Putting up gazebos, tables, and decorations before the event and packing up afterward.
- Activity Assistants: Assist with supervising games and inflatables.
- Parking Monitoring: Assist in ensuring parking near the park is OK.
- 4. Litter Picking: Ensuring the park is kept free of litter throughout the day.
- Information Booth: Provide information to attendees, distribute programs, and help with general inquiries.



Volunteering at the Portobello Gala is

a fantastic way to give back to the community, meet new people, and enjoy the festive atmosphere. If you are interested in volunteering, please sign up by 18 July by contacting Anne Francos at the Parish Office on 01924 259966 or <u>office@sandalmagna.com</u>

Thank you in advance for your generosity and community spirit. Together, we can make the Portobello Gala an unforgettable experience for everyone! Sarah Cutts (Portobello Community Centre Manager)



Worship at St Helen's & St Paul's July/August 2024

Sunday 14th July	9.30am St Helen's (Holy Communion)
	11.00am St Helen's (All Together Service)
	11.00am St Paul's (Morning Prayer)
Sunday 21st July	9.30am St Helen's (Morning Prayer)
	11.00am St Helen's (Holy Communion)
	11.00am St Paul's (Holy Communion)
Sunday 28th July	9.30am St Helen's (Morning Prayer)
	11.00am St Paul's (Morning Prayer)
	NO CAFE CHURCH this week
Sunday 4th August	9.30am St Helen's (Morning Prayer)
	11.00am St Paul's (Holy Communion)
Sunday 11th August	9.30am St Helen's (Holy Communion)
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Sunday 18th August	9.30am St Helen's (Morning Prayer)
	11.00am St Paul's (Holy Communion)
Sunday 25th August	9.30am St Helen's (Holy Communion)
	11.00am St Paul's (Morning Prayer)









Connect with your church family at the seaside!

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Monday 19 August

£20 for grown-ups, £7.50 for the mini-adventurers! All aboard the coach departing from St. Helen's Church at 9 am, back by 7 pm. Let the grand journey begin!

If joining is a no-go, but you're feeling generous, give us a shout! If the piggy bank is feeling a bit light, don't fret we'll figure something out (speak to Sarah in confidence).

Book your place with Sarah 07799 534702 or email sarahcuttspcf@gmail.com