# Home, Hope, Hands

# September 2024

### From our Vicar, Revd Hannah Smith

Hello everyone,

I hope that everyone has enjoyed their summers and that you have had an opportunity to get away. We enjoyed a picnic at Pugneys and also the Big Church Day Out to Scarborough.

With September, many things restart and we start to look towards a new term. At St. Helen's the 11am service will begin again and it will be **every Sunday** apart from when we have a joint service on 5<sup>th</sup> Sundays of the month a few times a year.



This term we are thinking about the Anglican 5 Marks of Mission. These were adopted by the Anglican Communion worldwide about 40 years ago and they remind us that the work of Jesus' Kingdom includes: telling people about Jesus, baptism and discipleship, serving the poor, standing up for justice and looking after God's planet. I pray that we will be inspired about what we already do for the Kingdom, but also new ways that we can be salt and light in the world.

With love and prayers,

Hannah

### **Church Tidy Up**

St Helen's is looking much tidier following two "tidy up days" in August. Many thanks to everyone who helped. Here is John Arnold, our organist, sorting out some choir stuff.



## **Parking on Barnsley Road**

There are now double yellow lines outside St Helen's Church - although not in the lay-by. There is also a very limited amount of single yellow line and unrestricted parking on the other side of the road. Please only use the lay-by on Sundays if you really need to - i.e with equipment or mobility issues - and park kindly so the most number of cars can get in. If you can, please walk, cycle, use public transport or park nearby and walk the last bit.

### Women's Fellowship

Hope you have all enjoyed the summer and a little relaxation in the lovely sunshine.

Our last meeting was on July 1st when we enjoyed the chance to chat and catch up with friends over a cuppa & cake!

We are now into the 'new term' and look forward to seeing you all at our forthcoming meetings;

- SEPTEMBER 2<sup>nd</sup>; Fairtrade; David Greenwood-Haigh
- OCTOBER 7th; Home produce Sale (Children's Air Ambulance)
- NOVEMBER 4th; AGM; Rev. Hannah Smith
- DECEMBER 2nd; Children's Air Ambulance; Cherry Crane

All meetings take place in the Emmaus rooms, at the rear of church. We start at 10am, to 12md-ish! (including cuppa & cake!)



Gill Heap

### **Christians Against Poverty Debt Centre Update**

If you attend the morning service at St. Helen's on September 29th, "CAP Sunday", you can meet us and find out more about how the work of CAP and the Debt Centre is going.

At the Debt Centre we are supported by some lovely volunteers, mostly as befrienders who accompany us on visits. However, we are also on the lookout for someone who might be willing to give a little of their time to help with some of the administrative tasks that come with the outreach work.

We're probably only talking about a couple of hours a week to begin with, to see how things go. There could be some flexibility in the role. (continued on next page)

### **Christians Against Poverty Debt Centre continued**

Areas in which such a person could be very helpful are the following:

- Printing off paperwork for visits
- Arranging support team members to attend client visits
- Stock checking stationery
- Scanning and uploading documents on to the CAP system
- Sending out prayer requests to those who have made a commitment to pray for the work of the Debt Centre
- Coordinating invitations to clients, sponsors & volunteers for events
- Helping to coordinate birthday and Christmas gifts/cards for clients

If this sounds like a lot, bear in mind that not everything would need to be done every week, and much of it can be done working from home. If you would like to look into this further, do please contact



one of us - Nick 07468 777506 or Vivienne 07900 943863

If you would like to contribute financially to the work of CAP, we can let you have a "Lifechanger" form, just ring one of us (have a look around in church too – we'll try to make some available there).

Or you can go online to <u>capuk.org/donate</u> and follow the links.

If you'd prefer to support the work of the Wakefield Debt Centre specifically, we have a "Client Blessing" account. This is used from time to time to give people emergency help, and to contribute towards initiatives such as the Christmas hampers we give out.

Account name: ST. HELENS PAR PRCHL CAP 2

Sort code: **089299** 

Account number: 65702220

With thanks as always for your continuing support.

Nick and Vivienne Drayton



### **Church Day Out in Scarborough**

We had a truly delightful day out in Scarborough! Members from our Sunday church community, as well as families from our Outreach ministries—the Make Lunch Club and Portobello Drop-In—came together for this special event. We were warmly welcomed by Janet Porritt, who now lives in Scarborough, as she greeted us off the coach.

The day was filled with fun and fellowship. We enjoyed a lively game of French Cricket on the beach, and some of our more adventurous attendees even braved the chilly North Sea for a paddle. Of course, no trip to the seaside would be complete without indulging in some classic Fish and Chips, ice cream, and hot donuts, all of which were a big hit!

A massive thank you to those who donated in order that others could attend. It was a wonderful opportunity to connect with one another, share laughter, and soak in the refreshing sea air. A memorable day for all!

Sarah Cutts Portobello Community Centre Manager



# Portobello Gala: A Day of Community and Celebration

The Portobello Gala was a resounding success, bringing together friends, families, and neighbours for a day of fun and connection. The event was filled with vibrant stalls, lively entertainment, and activities that catered to all ages. From creative activities to inflatables, face painters and a climbing wall there



was something for everyone to enjoy. The true highlight of the day was seeing the



community come together, sharing laughter, and making memories that will be cherished for years to come.

This year's Gala wouldn't have been possible without the dedication of our volunteers, stallholders, bakers and committee. Their hard work and support allowed us to create a welcoming and inclusive event that was free for all to attend.

Sarah Cutts, Portobello Community Centre Manager





# TLG Holiday Make Lunch Club: Summer Fun & Activities

This summer, we've had an incredible time with our Make Lunch Holiday Club

families! Every Wednesday has been filled with exciting activities, bringing joy and connection to everyone involved.

Highlights of our sessions include:

- African Drumming with Ali and her talented team, where the rhythm brought us all together.
- A Community Meal hosted by Karen
   Wright from the British Bake Off, creating delicious memories around the table.
- Crafting with our dedicated Make Lunch Team, sparking creativity and fun.



As we approach the end of the summer, we're thrilled for our last big day out—a fabulous seaside trip to Cleethorpes!

A huge thank you to our amazing volunteers, whose dedication makes these wonderful activities possible each week. Together, we're sharing God's love in a practical and meaningful way.



Sarah Cutts - Portobello Community Forum

#### **Eco Church**

We held the Christians Aware Summer School in Parcevall Hall in the Yorkshire Dales where we focused on care for creation by the world faiths. Our programme included a visit to St. Mary's Church in Embsay, winner of the A Rocha Gold Eco church Award. The journey towards this wonderful achievement took ten years, and the secret of success we were told was to take one small step at a time, moving slowly but surely towards the golden goal. The committee and congregation had to address five areas: Worship, Lifestyle, Buildings, Land, and Global and Community Engagement.

Caring for creation means that no aspect of church life is left untouched. All the areas are equal and all are connected. It is not possible to focus on one area, all must move forward together. And, the eco committee fulfills a pioneering and educational role, but it has to be embedded in the congregation.

Care for creation is essential if there is to be a future for the earth, and the visit to St. Mary's in Embsay helped us to realise that this can and should be achievable and also good news. The committee we met was very obviously lively and fully committed. They welcomed us with enthusiasm and were keen to share their vision and work, including the



workshops they run, the exhibitions they create, the leaflets they produce, the count for nature with the local school, the food bank, their management of the churchyard and so much more. They are now working to get local farmers on board. Fair trade products are used and there is toilet twinning. The gas boiler has now been changed to an electric boiler and the aim of the church is to reach net zero by 2025.

There is hope that an eco-committee will be formed in this parish. Please let Margaret Walker know if you would like to join. There is a lot to do. The journey is vital and will surely be enriching.

#### **Eco Church continued**

I hope you will be fired with enthusiasm on reading Barbara's article, it is so important that we, as a parish, become aware of our role in living and worshiping as sustainably as possible. Please have a look at the website for A Rocha, and you will see the vision. Please get in touch with me (margaretrwalker@live.co.uk) or 07799217904 if you want to be part of a group being set up to carry this work forward, so we can say to generations to come that we are trying to guard their inheritance- vital work!

Margaret Walker

### Regular Activities at St Helen's and St Paul's

Church Groups or Activities		
1st Monday of each month 10.00	Women's Fellowship. Emmaus Room. Contact	
-12.00	Gill Heap. 01924 250103	
2 <sup>nd</sup> Monday of each month	Community Spirit Games. Emmaus Room, St	
10.30am – 12.00	Helen's. Contact Ann Dobson. 01924 250562	
3 <sup>rd</sup> Monday of each month	Mother's Union. Barnabas Room, St Paul's	
7.30pm – 9.30pm		
Wednesday 9.00am -12.00	Gardening Team. Contact Alex Hull 01924 256764	
Church Cleaners 9.30am – 12.00 midday	Contact Vickie Lord. 01924 255938	
Wednesday 7.00pm	Bellringers practice for Sunday Services. St Helen's. Contact Margot Cutt. 01924 255918	
Thursday 7.00pm	Choir Practice. Usually the Thursday before the 2 <sup>nd</sup> and 4 <sup>th</sup> Sundays. St Helen's Church. Contact John Arnold. 01924 372597	
2 <sup>nd</sup> Thursday of each month 2.00	Contemplative Prayer Group. Barnabas Room,	
- 3.00pm	St Paul's. Contact Sue Davies. 07749 592858	
Every 1st and 3rd Sunday.	Sheild Youth Group. Contact Rachel Chapman	
6 -7:30pm in the Emmaus Rooms.		
Other Activities (charges may apply)		
Monday in term time	U3A Recorder Group. Emmaus Room, St	
1.30 – 3.30pm	Helen's. Contact David Johnson 07484 230520	
Monday in term time	Wind Band. Contact Adele Jones. 07850 483727	
7.00pm to 9.15pm		
Thursday eve	Soroptimists, Barnabas Room, St Paul's. Contact	
	Linda Phillips 07709 282403	
Various days and times	Pilates, Barnabas Room, St Paul's. Contact Gill	
	Carr. 07968199169	

### Shield Youth Group, Autumn Term

Shield dates: Sept 15th, Oct 6th & 20th, Nov 3rd & 17th, Dec 8th 6-7.30pm in the Emmaus Room

Rachel and Andy Chapman

### **Leeds Evensong Invitation**

St Michael's Headingley is one of only a few churches left in Leeds that sing Evensong every Sunday and have seen the congregation steadily strengthening. In the last year, they have begun inviting singers and choirs from

churches which no longer sing Evensong (or at least only do so irregularly) to join for special Choral Evensongs, which do not clash with their local church commitments.

There has been positive feedback about this. and being able to sing BCP Evensong and beautiful music with a large choir is a wonderful experience. This event is purely to provide opportunities to support and encourage singers whilst increasing engagement with BCP. This invitation has been extended to Leeds PBS members, via Mike Keeton, by The Revd Joshua Peckett. Mike Keeton - Prayer **Book Society Rep** 



St Michael & All Angels' Headingley

# 'Come and Sing' Choral Evensongs

St Michael's, Headingley, warmly extends an invitation to singers across the Diocese of Leeds area, who love to sing Evensong but may not have the opportunity to do so locally, to join us in singing Choral Evensong according to The Book of Common Prayer on special occasions. We hope to offer opportunities to build community and links with other churches, and support each other in encouraging the choral tradition for the future in our parish churches - especially the service of Evensong.

Our next 'Come and Sing' Choral Evensong will be:

Sunday 29th September, 6.30pm - Michaelmas Setting: Stanford in A

Anthem: Jubilate Deo in Bb (Stanford)

Services last c.50 minutes and are followed by refreshments. For more details, please contact Choirmaster David Walls: saintmichaelsheadingley@gmail.com

www.stmichaelsheadingley.org St Michael's Road, Leeds, LS6 3AW

### Calling all Intercessors and those who read and preach!

When we stand at the reading desk or pulpit we need what we say to be heard at the back of the church, as clearly as possible. Ali Bullivent is going to be leading a session on how to speak so we can be heard- this is her specialist field and it will be really valuable. It will be held in St Paul's, Walton, on Saturday 21st September, 10.30-12am. It would be very helpful if you could let me know if you'd like to come Margaret Walker 07799217904/ margaretrwalker@live.co.uk

### **Activities at Portobello Community Centre**



#### **MONDAY**

#### **Sewcial Crafting Group**

10am to 1pm | £2

#### Gelli Printing

Starting 9 Sep

4pm to 6pm | Family Activity

£2 adults | £1 over 5s

Tea included

#### Hot Chocolate Youth Club

7pm to 8pm | 11 to 16 year olds Term time

FREE Pizza and hot chocolate

#### **TUESDAY**

# Portobello Craft & Photography Group

12.30pm to 2.30pm | £2

AA

7.30pm to 8.30pm

#### MONTHLY

Fri, 6 Sept

STAR BEREAVEMENT

3pm to 5pm

Wed, 18 Sept

COMMUNITY MEAL

5pm to 7pm | £2 adult / £1 child

#### **WEDNESDAY**

#### Portobello Baby & Toddler Group

9.15am to 11am

Term time

£1 adults / 50p baby or toddler

#### **THURSDAY**

#### Portobello Drop In

11am to 1pm | Donations welcome

#### **Chair Based Exercise Class**

1.30 pm to 2.30 pm | £3

#### Kung Fu

7pm to 8pm - Beginners

8pm to 9pm - Advanced

£2 adults / £1 children 10+

#### **FRIDAY**

#### Sewcial Crafting Group

10am to 1pm | £2

Zumba

6pm tp 7pm

£2 adults / £1 children over 14+

Yoga

7pm to 8pm

£2 adults / £1 children 11+

#### **MONTHLY**

Wed, 25 Sept

**SEWCIAL CRAFTING** 

7pm to 9pm | £2 adult / £1 child

Sat, 14 + 28 Sept

TRINITY MODELLERS

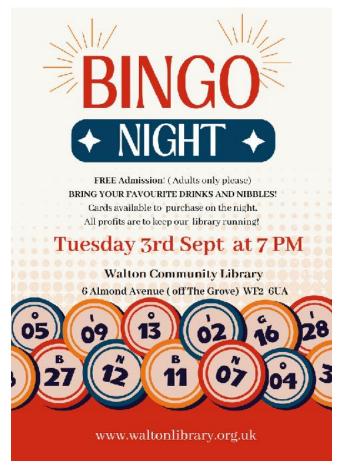
10am to  $1pm \mid £2$  adult  $\mid £1$  child

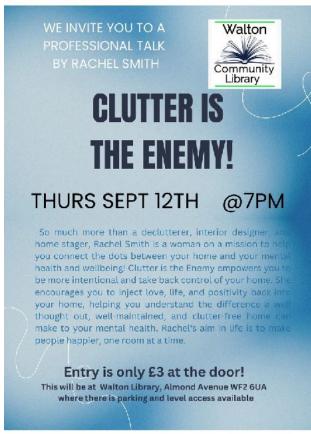


ouryear2024.co.uk



**Events at Walton Community Library** 





yelen's Say





**News from The Spring** 



# **Spring Newsletter – September 2024**

It doesn't seem like a year ago that we were putting in the new kitchen - but it really is – WOW !! and we continue to feel so grateful and blessed that you helped us achieve our dream. It really has been transformational in how we are able to cook and prepare your food so we will continue to say Thank You to you, our beautiful Spring friends, and to our generous God for his infinite love, faithfulness and provision.

I also just want to say a huge thank you to those of you who supported our <u>Afternoon Tea for Breast Cancer Now</u> on Saturday 17<sup>th</sup> August – there was a lot going-on locally on that day, so we felt doubly blessed to have raised a whopping £1240.00.



We have continued our partnership with TLG throughout the Summer, offering a home cooked meal,

activities and fellowship on a weekly basis to our families living locally and experiencing financial hardship – it has been a blessing to come together, share stories, lives and food in the wonderful Portabello Community Centre – massive shout out to the TLG Core Team – Sarah, Angie, Mary, Laura, Margaret, Marie and Pam who volunteer their time and energy to make it happen.



Talking of Volunteers – we are still in need of some "Washing Up Fairies" here at The Spring and would love to hear from you if you are able to offer us 4 hours a week on a regular basis on either Tuesdays or Wednesdays from 11am-3pm. If you feel called to help in this area please do call in or phone me, we are desperate to offer some support to our existing volunteers.

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**News from The Spring** 

### Dates for your Diary @ The Spring

Now we are looking towards the Autumn term and all that it brings – cooler mornings, rich autumnal colours, cosy evenings, and of course an array of events in and amongst the daily rhythms of the Spring -

Tuesday 3<sup>rd</sup> September - Spring Re-opens @ 10am



<sup>™</sup> Friday 27<sup>th</sup> September – Macmillan's "World's Biggest Coffee Morning" Our annual Charity Cake sale held outside the Spring from 10am – 4pm returns again and it would be great if you bakers out there would help our stock by baking and donating to us some of your delicious bakes - they can be dropped off at the Spring on Thursday 26th September during our opening hours, ready for us to sell on throughout Friday and raise as much as we can to support the work of this much needed charity

## Saturday 5<sup>th</sup> October



Soroptimist International Wakefield and District raising funds for Wakefield Council Care Leaver Team

Do you like a cream tea? Do you enjoy a quiz? - if the answer is yes to either or both of these questions then treat yourself and enjoy both at The Spring on Saturday 5<sup>th</sup> October between 3.00 and 5.00pm.

Tickets cost £7.00 and all profits go to Home Start Wakefield.

For tickets, please contact Linda Phillips on 07709282403

email: julie.a.clarke@btinternet.com

or see Julie Clarke at The Spring on Thursdays between 10.00 and 2.00pm



### **News from The Spring**

Saturday 9th November -The Tearfund Big Quiz Night from 6pm -

Join us as we join churches around the country in our annual brain teaser Tickets include a supper, quiz and prizes !! and are priced at £10 per person – so get your quiz teams together and book your places by calling 01924 242593, email us



on spring@sandalmagna.com or call in a book at the counter.



#### The Spring Annual Advent Craft Fayre -

Saturday 16<sup>th</sup> & Sunday 17<sup>th</sup> November 10am – 4pm – we will be closing the Shop & Café for this weekend as we host our Advent Craft Weekend – and you are all invited to enjoy Free Entry to this event as we celebrate the artistry & skill of some of our regional Artisan Producers – florists, bakers, jewellers, crafters, painters, printers and collectors from around our region selling a variety of homespun items and collectibles. There will be refreshments available to purchase on the day and free car parking will be available in our carpark at the rear of the building.

### Advent Lunches @ The Spring Café, from 3rd - 20th December

Bookings are now being taken for our Advent Lunches served @ 11.45am OR 1.45pm from Tuesday 3<sup>rd</sup> December – Friday 20<sup>th</sup> December (please note we only offer one sitting on a Saturday) Pre booked places are limited, and all bookings need to be secured with a £5 non-refundable deposit per person with the final balance payable on the day. As well as sharing our food we will also be sharing our Advent Blessing each day, allowing us the time to pause amongst the busyness and think about what's coming.

Also keep your eyes and ears peeled for "Coffee and Carols", dates TBC - but most definitely happening!!!



**News from The Spring** 

And back for this year we are pleased to be selling our own Christmas Cards once again, featuring 4 designs - available to purchase in September, and priced per pack of 10 cards at £3.50 – we hope you like them!!

Christmas Day Lunch in the Community – we are very much looking forward to providing a Christmas Day Lunch for those folk who need one – please do pray for us to bless as many people as we are able and encourage those around you that you know to request one. There is no charge attached to it, just donations for those who wish to make one, and the lunches will be freshly made on Christmas Eve, ready for either collection or delivery that afternoon between 1pm and 3pm. If you would like to help prep or deliver the meals, please do get in touch with me by phone or in person at The Spring.

Knit & Knatter — held in the Spring Café every Thursday from 2pm-4pm — come and join Liz and the gang and enjoy a couple of hours of fellowship with like-minded folk — who knows, you may learn a new skill and be exhibiting at the Craft Fayre in November.

### Yoga Classes with Margaret Clegg

### Wednesday 7.30 - 9pm

If you are interested in joining either of these classes, please call Margaret on 01924 370673 & mobile 07787175432 and she will be happy to talk you through any questions you may have – all levels catered for from beginners to the more advanced.

### Slimming World with Vicky

Every Tuesday 5pm and 6.30pm – a warm welcome extended to all whether you're new, existing or returning – contact Vicky on 07966 202826 if you want any further information.

Love, deep gratitude, and blessings to you all.

<u>Cath</u> Moxham Manager at The Spring





# Worship at St Helen's & St Paul's Sept/Oct 2024

Sunday 1st	9.30am St Helen's (Morning Prayer)
September	11.00am St Helen's (Morning Prayer, with Kids' Church)
•	11.00am St Paul's (Holy Communion)
Sunday 8th	9.30am St Helen's (Morning Prayer)
September	11.00am St Helen's (All Together)
	11.00am St Paul's (Morning Prayer)
Sunday 15th	9.30am St Helen's (Morning Prayer)
September	11.00am St Helen's (Holy Communion, with Kid's Church)
•	11.00am St Paul's (Holy Communion)
Sunday 22nd	9.30am St Helen's (Morning Prayer)
September	11.00am St Helen's (Morning Prayer, With Kid's Church)
	11.00am St Paul's (Morning Prayer)
	4.00pm The Spring (Cafe Church)
Sunday 29th	11.00am St Helen's (Holy Communion)
September	Joint parish service, with Christians Against Poverty
Sunday 6th	9.30am St Helen's (Morning Prayer)
October	11.00am St Helen's (Morning Prayer, with Kid's Church)
October	11.00am St Paul's (Morning Prayer)
Sunday 13th	9.30am St Helen's (Holy Communion)
October	11.00am St Helen's (Holy Communion All Together)
	11.00am St Paul's (Morning Prayer)
Sunday 20th	9.30am St Helen's (Morning Prayer)
October	11.00 am St Helen's (Morning Prayer, with Kid's Church)
	11.00am St Paul's (Holy Communion)
Sunday 27th	9.30am St Helen's (Holy Communion)
October	11.00am St Helen's (Morning Prayer, with Kid's Church)
	11.00am St Paul's (Morning Prayer)
	4.00pm The Spring Cafe (Cafe Church)



