Home, Hope, Hands

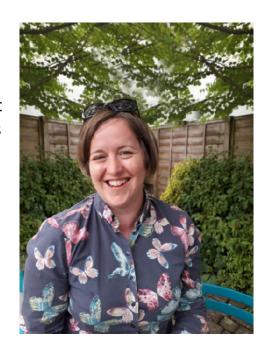
October 2024

From our Vicar, Revd Hannah Smith

Hello everyone,

It was wonderful to gather the whole parish in a joint service at St. Helen's at the end of September. It was great to catch up with familiar faces, to worship together and to hear about the excellent work of CAP – Christians Against Poverty. Many thanks to Stewart, Nick and Vivienne for all they shared and please do continue to support this vital work.

After the fantastic Alpha course earlier in the year, we are seeing two new small groups begin meeting locally on Mondays or Wednesdays. A small group is



a great place to grow in faith, to get to know others in church better and to learn how to pray. If you are interested in joining a small group, please do talk to the office team and they have details of groups you can join. It's a great time to join as new communities and friendships are formed in the new groups.

As we continue this term to think about God's mission in the world and our part in it, can I encourage you all to have your eyes wide open for signs of God's kingdom working among us – it can be someone starting a journey of faith, people working for justice, or simply acts of kindness and care to those in need. Let's see what God is doing in our world and look for opportunities to get involved.

With love and prayers,

Hannah

Memorial Service, St Helen's Church, Sunday 3rd November 4pm

We are holding a memorial service for those who who wish to remember a loved one and light a candle in their memory. It does not matter how long ago since they were with us. If you wish to attend, please contact the office on and let us know the name(s) you would like on a candle. Phone 01924259966 or email office@sandalmagna.com



Women's Fellowship

Hope this finds you well and getting ready to 'cosy in' as the autumnal weather takes over from the summer!

Last month we had an interesting meeting with David Greenwood-Haigh, as he informed us about the work of Fairtrade and how we could support the movement.

The next meetings, for the rest of this year (!) are as follows; OCTOBER 7th; Home Produce Sale; to support the work of the Children's Air Ambulance. NOVEMBER 4th; A.G.M. led by Revd Hannah Smith DECEMBER 2nd; Speaker from the Children's Air Ambulance

We would love to see you at any (or all) of our meetings, which take place in the Emmaus rooms, starting at 10am (until about 12md) and always include cuppa & cake!

Gill Heap



Shield Youth Group, Autumn Term

Shield dates: Oct 6th & 20th, Nov 3rd & 17th, Dec 8th

6-7.30pm in the Emmaus Room

Rachel and Andy Chapman

From our Organist

Onward Christian Soldiers Word Search & Quiz

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Words to find:

Onward Christian Soldiers; Marching as to war; With the cross of Jesus; Going on before; Christ the royal master; Leads against the foe; Forward into battle; See his banners go;

Author: Rev. Sabine Baring-Gould

Having completed the Word Search, can you answer the Quiz questions below? The display in the Emmaus Room may help.

- Who wrote the words of the hymn and why?
- Who composed the music then and now?
- What other music did they write?
- Who did the author marry and to where did they move?
- Who wrote 'The Book of Were-Wolves'?

Every Good Work - Youth Project

Another school year begins and all the kids have been back at school a little while now, getting used to their new school year, and in some cases new school. Parents are getting back into the term time routine and many will have gone back to work, after a summer full of doing stuff and having kids around all the time.

For some families, back to the routine is a great thing as kids have been 'under their feet', or hard work to keep entertained. For others, they will miss having them around all the time and prefer the kids to be at home.

For us at Shield, it's the start of a new term of helping the young people grow on their discipleship journey. We are looking at the armour of God and how these young people can equip themselves in a fast paced, high pressure 24-7 world of stimulus, challenge and stress. Please pray that as leaders we can help them navigate the world of social media, tests, expectations to both conform and stand out and a rising tide of pressure for all sides. Please also pray for the young people that they will know peace and calm and be able to set aside that which does not matter, and prioritize that which does.

In Portobello, at Hot Chocolate we have gone back to a flying start with all the young people rejoining us as left us at the end of last term. We are still working hard to get the Game Changers group up and running in the Spring and would appreciate your prayers for that. I think this is going to be a good group with lots of fun to be had.

In all, please pray that the young people we encounter in our work will be touched by God and come to know him better. Please also pray that people will come forward to help volunteer to spend time with these young people to help them

flourish.

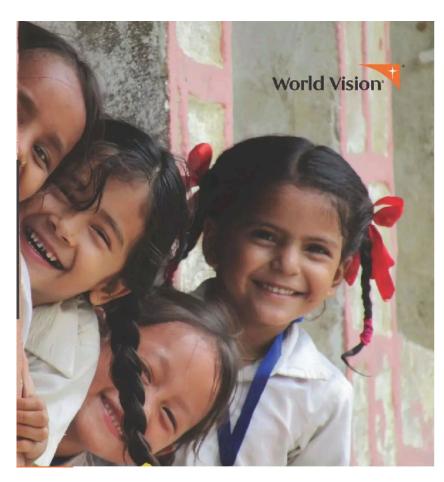


Phil Asquith

World Vision - Hope and a future for all children.

Liz and Andy are fundraising for World Vision, a Christian charity that supports vulnerable children in 100 countries. Their integrated approach includes water, healthcare, education, child protection and income generation. There are many ways of supporting them and Andy and I have supported a number of children in different countries over the last 24 years. This year Andy had a special birthday and next year is mine! We had a holiday planned for November. When reflecting

and praying about this and the use of our resources we, out of the blue, received an invitation to visit our current sponsor child and family in Nepal at the end of November with World Vision. This happens to be quite close to our holiday destination and at the same time so we took this as a sign of God's plan. As part of this visit we are supporting World Vision by completing some fundraising.



We are inviting people

to join us at our house for a simple Nepalese meal on Friday October 4th or 11th where you can find out a bit more about World Vision and just enjoy a time of socialising. Please contact Liz Rowe on 07818057675 or lizrowe04@icloud.com if you would like to join us. Spaces are limited. There is also the opportunity of supporting World Vision on Sunday 20th October at church where SHIELD are organising a few activities after the morning services at St Helens. We are opening a JustGiving Page to make it easier for people to donate if they would like to or are happy to facilitate that for people who do not have the online confidence. This money goes straight to World Vision.

Liz and Andy Rowe

BELL RINGER'S TRIP

On Saturday 10th August the bell ringers went on a local "Ringing Trip" organised by Roger Townend & Jack Endersby.

The day started with coffee & biscuits in St. Helen's church while everyone gathered. Taking part were 16 ringers in all. There were 9 of us from Sandal church:- Roger, Margot, Jack, Terry, Shaun, Anita, Hilary, Sue, & Gill. Also, Janet from Wragby (Nostell Priory); David and Pam from Ackworth Church; Derek from Dewsbury; & John, Linda and Jon from Badsworth.



We rang therefore in Sandal Church

then Wragby, Ackworth & Badsworth. The day was glorious weatherwise & the whole day fun & really enjoyable. All these churches often struggle to find ringers for weddings, so building up our experience enables us to help each other's needs.

Although many people couldn't make it there were enough of us to ring something suitable for everyone at whatever level they had reached.

The trainees had a good time & for them it was the first time of a ringing in a tower "not at home" so the experience was very different both in the actual ringing of other bells & other strange ringing chambers. Negotiating the bespoke spiral steps giving access to some of the towers has to be experienced to be believed. Some churches are ancient - stonemasons & carpenters made 'on the spot' decisions to suit the circumstances.

It was a joy to see Margot able to manage Wragby's narrow circular steps & ring a lovely method actually called "Sandal". This method we are unable to ring presently at home as the trainees are not yet experienced enough to ring this fairly complicated method

Many thanks then to everyone who made this a memorable special day especially Roger & his wife Sheila, & Jack.

Jack Endersby

Memories of 'Harvest Festivals' in the late 1940s

When I was a lad I lived in a small colliery village in north Derbyshire called 'Arkwright Town'. This was in the parish of Sutton-cum-Duckmanton. On Sunday afternoons I was sent to Sunday School (largely to get me out of the house). There was a chapel Sunday School in the village but my mother would not let me go to that so I went to the church one.

Sutton Church was an ancient parish church nestling alongside the ruins of Sutton Hall (once the home of the Arkwright family). It was run by farming families who did not like the miners children of the village so we never actually attended the church much. The Sunday School was an asbestos hut (probably would be condemned now) left over from the war. One of the few times, however, when we went to the church was

for the Harvest Festival Service. The farming families of course made much of this service -the church was decorated - sheaves of corn and greenery of all sorts. This was post war - food shortages and so on- so there was much celebration of agricultural production. Underground there was also another harvest - the mining of coal. The land therefore had a double harvest-food on the surface and fuel beneath.

Mike Keeton



Al generated mining image from Freepik" www.freepik.com



Gifts from the school Harvest Festival at St Helen's. 1st Oct 2024

11am Service Communion at St. Helen's

We have asked the congregation at 11am service about whether they would prefer having 'real bread' to having the wafers for communion during September. The PCC decided to conduct this survey in response to an enquiry about this. The responses from the 11am congregation showed that most people were happy either way. Of those who expressed a preference, more people preferred to stick with wafers whilst a few preferred to move to bread. For now we will stick with wafers as that fits with the responses we gained, but Hannah is happy to chat with anyone about their thoughts on this if that would be helpful - just be in touch with her. Thank you for taking the time to take part in our survey:)

Hannah

Regular Activities at St Helen's and St Paul's

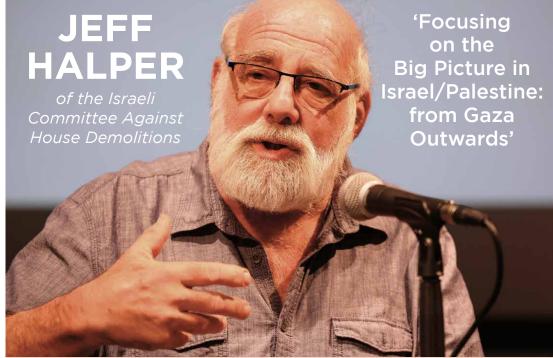
Church Groups or Activities					
1st Monday of each month 10.00	Women's Fellowship. Emmaus Room. Contact				
-12.00	Gill Heap. 01924 250103				
3rd Monday of each month	Mother's Union. Barnabas Room, St Paul's				
7.30pm – 9.30pm					
Wednesday 9.00am -12.00	Gardening Team. Contact Alex Hull 01924				
	256764				
Church Cleaners 9.30am – 12.00	Contact Vickie Lord. 01924 255938				
midday					
Wednesday 7.00pm	Bellringers practice for Sunday Services. St				
	Helen's. Contact Margot Cutt. 01924 255918				
Thursday 7.00pm	Choir Practice. Usually the Thursday before the				
	2 nd and 4 th Sundays. St Helen's Church. Contact				
	John Arnold. 01924 372597				
2 nd Thursday of each month 2.00	Contemplative Prayer Group. Barnabas Room,				
- 3.00pm	St Paul's. Contact Sue Davies. 07749 592858				
Every 1st and 3rd Sunday.	Shield Youth Group. Contact Rachel Chapman				
6 -7:30pm in the Emmaus Rooms.					
Other Activities (charges may apply)					
Monday in term time	U3A Recorder Group. Emmaus Room, St				
1.30 – 3.30pm	Helen's. Contact David Johnson 07484 230520				
Monday in term time	Wind Band. Contact Adele Jones. 07850 483727				
7.00pm to 9.15pm					
Thursday eve	Soroptimists, Barnabas Room, St Paul's. Contact				
	Linda Phillips 07709 282403				
Various days and times	Pilates, Barnabas Room, St Paul's. Contact Gill				
	Carr. 07968199169				



Christians Aware Event

This event at the Cathedral is so relevant at the moment when we are all praying for the situation in Israel and Gaza.





Jeff Halper is Director of ICAHD.

He is Professor of Anthropology, a writer, analyst and activist. His books include 'Obstacles to Peace', 'An Israeli in Palestine' and 'Decolonising Israel, Liberating Palestine.'

Jeff & Palestinian Ghassan Andoni were nominated for the 2006 Nobel Peace Prize.

A COLLECTION WILL BE TAKEN TO COVER OUR COSTS AND TO SUPPORT ICAHD







Telephone: 0116 254 0770

Saying Goodbye (part of the Mariposa Trust)

The Mariposa Trust's core objective is to support people who have lost babies at any stage of pregnancy, at birth, or in infancy.

On the 27th October at 3.30pm, in Bradford Cathedral, we will be hosting one of our Saying Goodbye Services - this is the most local service to Wakefield this year. So who is the service for? Anyone who has either personally lost a baby at any stage of pregnancy, at birth, or in early years, or who has been affected by family members' or friends' loss. Whether the loss was recent or 80 years ago, everyone is welcome to attend. We also now gladly welcome anyone who is grieving the fact that they haven't had children.

Babies and children are also invited to come with their families, as the Saying Goodbye service is truly a family event for all. We know that as 1 in 4 women suffer miscarriage and baby loss, you will have contact with a significant number of people who have been affected by baby loss. To read more on the charity, please see the Saying Goodbye website, which you can find at: www.sayinggoodbye.org Best wishes

Emilie de Bruijn - Mariposa Trust



Exciting Activities at Portobello Community Centre

This month, we're thrilled to offer a variety of activities for all ages at Portobello Community Centre. Our chair-based exercise classes 👗 are perfect for staying active and flexible, promoting both physical and mental well-being. For the creatively inclined 🜎, local artist Shazia is running a Gelli Printing autumn workshops 🌱 . These fun and relaxing sessions are a great opportunity to learn new skills and make something beautiful in a supportive environment.

We're also continuing our popular Zumba and Yoga classes \clubsuit , which bring the community together for some fitness fun. Don't forget to join us for our community meal [], where everyone is welcome to share a delicious home-cooked dish and good company.



Join us for a **Light Party** at Portobello Community Centre on **Wednesday, 30th October, from 4:30 pm to 6:00 pm**! Friendly event promises an evening of fun and celebration. Enjoy crafting activities \Re , pumpkin carving \bigcirc ,



painter 🎨. There will also be a balloon modeller ond a children's disco not to keep everyone entertained! Plus, we'll be serving up delicious food , so come along and bring the whole family for an unforgettable night of fun and community spirit! Children must be accompanied with an adult. Most suitable for 5-11 year olds (younger children welcome!)

and a chance to get creative with our face

With so much going on, there's something for everyone at Portobello this October.

We look forward to seeing you there!



Sarah Cutts Portobello Community Centre Manager

Activities at Portobello Community Centre



MONDAY

Sewcial Crafting Group

10am to 1pm | £2

Gelli Printing

4pm to 6pm | Family Activity £2 adults | £1 over 5s

Tea included

Term time

Hot Chocolate Youth Club

7pm to 8pm | 11 to 16 year olds Term time

FREE Pizza and hot chocolate

TUESDAY

Portobello Craft & Photography Group

12.30pm to 2.30pm | £2

AA

7.30pm to 8.30pm

WEDNESDAY

Portobello Baby & Toddler Group

9.15am to 11am

Term time

£1 adults / 50p baby or toddler

LIGHT PARTY

Wed, 30 October 4.30pm to 6pm

Pumpkins, craft activities, face painting, balloon modeller, children's disco and food FREE FAMILY ACTIVITY - children

must be accompanied by an adult Ran by volunteers from local churches

THURSDAY

Portobello Drop In

11am to 1pm | Donations welcome

Chair Based Exercise Class

1.30 pm to 2.30 pm | £3

Kung Fu

7pm to 8pm - Beginners

8pm to 9pm - Advanced

£2 adults / £1 children 10+

FRIDAY

Sewcial Crafting Group

10am to 1pm | £2

Zumba

6pm tp 7pm

£2 adults / £1 children over 14+

Yoga

7pm to 8pm

£2 adults / £1 children 11+

MONTHLY

Fri. 6 October

STAR BEREAVEMENT

3pm to 5pm

Sat, 12 October

TRINITY MODELMAKING GROUP

10am to 1pm | £2 adult / £1 child

Wed, 16 October

COMMUNITY MEAL

5pm to 7pm | £2 adult / £1 child





News from The Spring



Spring Newsletter – October 2024

As we move into Autumn, we feel blessed by the changing seasons and the promises that it holds for us as we work towards the start of Advent.

September seems to have flown by and has ended with our Annual Macmillan Cake Sale – which has raised just short of £850.00 for the ongoing work of this essential Charity. Margaret, Jane and the Team have been working super hard to get our new Autumn Collection ready and all will be revealed when it launches in The Spring from Tuesday 1st October. As well as preparing inside, Graham our Volunteer Gardener has been making great progress outside keeping our Gardens looking wonderful and tidy, with bulb planting for next year, and bushes trimmed back to make room for our new Cycle Rack, which Craig and Andy Taylor fitted earlier in the month. Huge thanks to Graham and Tony Hick for making our outdoor seating area look so impressive this year and for ensuring that it saw out the Summer months.

SHOUT OUT FOR VOLUNTEERS

We are also still on the look out for extra volunteers to help us behind the scenes in Café Wash Up – so if you feel called to serve in this way please do get in contact and I can talk you through the opportunities that we have – we do also have an emergency call out list for folk who are happy to help but don't feel able to take on a regular commitment.

Forthcoming Events

on Saturday 9th November we will be

hosting our **Tearfund Big Quiz Night** again The Spring. John will be back in the role of Quizmaster and we will of course be starting the



evening off with Supper. Please sign you and your team up @ The Spring – teams no bigger than 8 please and we can welcome upto 60 people in <u>total</u>. The evening, including Supper, costs just £10 per person, all of which we donate to Tearfund, and you can book in person in the Spring or via email at <u>spring@sandalmagna.com</u>.



News from The Spring



The Spring Annual Advent Craft Fayre -

Saturday 16th & Sunday 17th November 10am – 4pm – we will be closing the Shop &



Weekend — and you are all invited to enjoy Free Entry to this event as we celebrate the artistry & skill of some of our local Artisan Producers – florists, bakers, jewellers, crafters, painters, printers and collectors from around our region selling a variety of homespun items and collectibles. There will be refreshments available to purchase on the day and free car parking will be available in our carpark at the rear of the building.

Café for this weekend as we host our Advent Craft

Advent Lunches @ The Spring Café

Following an unprecedented response our pre-booked tables have now all been booked – however we will be offering Lunches on the day for those who wish to walk in – We of course will continue to run our normal menu alongside the Advent Lunch – Please note though that if you are joining us for Breakfast this will stop at 11am from 3rd December not the usual 11.30 and due to levels of business we are unable to accept bookings for Afternoon Tea throughout December.

If you would like to help us look after our guests & serve our lunches we would love to hear from you – there are 2 stints available 11.30 - 1.30 and 1.30 - 3.30, Tuesday – Saturday.

Christmas Day Lunch in the Community – we are very much looking forward to providing a Christmas Day Lunch for those folk who need one – please do pray for us to bless as many people as we are able and encourage those around you that you know to request one. There is no charge attached to it, just donations for those who wish to make one, and the lunches will be freshly made on Christmas Eve, ready for either collection or delivery that afternoon between 1pm and 3pm. If you would like to help prep or deliver the meals, please do get in touch with me by phone or in person at The Spring.

Knit & Knatter — held in the Spring Café every Thursday from 2pm-4pm — come and join Liz and the gang and enjoy a couple of hours of fellowship with like-minded folk — who knows you may learn a new skill and be exhibiting at the Craft Fayre in 2024



News from The Spring

Yoga Classes with Margaret Clegg

Wednesday 7.30 – 9pm



If you are interested in joining this <u>class</u> please call Margaret on 01924 370673 & Mobile 07787175432 and she will be happy to talk you through any questions you may have — all levels catered for from beginners to the more advanced

Slimming World with Vicky

Every Tuesday 5pm and 6.30pm – a warm welcome extended to all whether your new, existing or returning – contact Vicky on 07966 202826 if you want any further information.



Events at Walton Community Library



Worship at St Helen's & St Paul's Oct/Nov 2024

Sunday 6th	9.30am St Helen's (Morning Prayer)
October	11.00am St Helen's (Morning Prayer, with Kid's Church)
Harvest	11.00am St Paul's (Morning Prayer)
Sunday 13th	9.30am St Helen's (Holy Communion)
October	11.00am St Helen's (Holy Communion All Together)
	11.00am St Paul's (Morning Prayer)
Sunday 20th	9.30am St Helen's (Morning Prayer)
October	11.00 am St Helen's (Morning Prayer, with Kid's Church)
	11.00am St Paul's (Holy Communion)
Sunday 27th	9.30am St Helen's (Holy Communion)
October	11.00am St Helen's (Morning Prayer, with Kid's Church)
	11.00am St Paul's (Morning Prayer)
	4.00pm The Spring Cafe (Cafe Church)
Sunday 3rd	9.30am St Helen's (Holy Communion)
November	11.00am St Helen's (Holy Communion, with Kid's Church)
	11.00am St Paul's (Morning Prayer)
Sunday 10th	9.30am St Helen's (Morning Prayer)
November	11.00am St Helen's (Morning Prayer, All Together)
Remembrance	11.00am St Paul's (Morning Prayer)
Sunday 17th	9.30am St Helen's (Morning Prayer)
November	11.00am St Helen's (Morning Prayer, with Kid's Church)
	11.00am St Paul's (Holy Communion)
Sunday 24th	9.30am St Helen's (Holy Communion)
November	11.00am St Helen's (All Together)
	11.00am St Paul's (Morning Prayer)
	4.00pm The Spring (Cafe Church)
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